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# ZERO DENGUE HEALTH CARNIVAL “SATU GIGITAN SERIBU SESALAN, SATU TINDAKAN SERIBU PERLINDUNGAN”

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A health carnival entitled ‘Karnival Sifar Denggi’ was held at the MBSA Seri Pagi Hall in Paya Jaras on 12<sup>th</sup> October 2024, with a slogan of ‘Satu Gigitan Seribu Sesalan, Satu Tindakan Seribu Perlindungan’.

This carnival was organised by the fourth-year medical students (Group 5) from the UiTM Faculty of Medicine, in collaboration with the Department of Public Health Medicine, along with the Majlis Bandaraya Shah Alam (MBSA), Resident Representative Council for Zone 23 (MPP ZON 23), the COMBI team, and the Petaling District Health Office (PKD Petaling).

Considering the local health profile, the program was specifically designed for residents in the surrounding area, particularly in Kampung Paya Jaras Hilir and Zon U19 Shah Alam. This area has been identified as a dengue hotspot, with 22 reported cases recently. Despite no recorded deaths up to epidemiological week 38 of 2024, it is warranted to have prompt preventive and control measures.

Thus, this health promotion carnival aimed at dengue prevention was highly beneficial for the community, providing them with valuable information about dengue, the prevention and control of this disease.



The program began at 7.30 AM with a Zumba session energising the participants before the program continued with various other activities.



Following Zumba, the program continued with a dengue prevention awareness forum. The forum was moderated by Mr. Suhaimi (fourth-year medical student), with a panel comprising Dr. Mas Ahmad Sherzkaween from PKD Petaling; the Chief of the COMBI in the Petaling District, Mr. Ahmad Faudzi Mohd Nazam, and a dengue survivor, Ms. Umi Hani binti Haji Alias. The forum provides valuable information that can be implemented in dengue prevention activities at home or within the community.

The event continued with the opening ceremony at 9.30 AM. The distinguished guests included Mr. Haji Anuar Hj Abd Rahman, a council member from MPP Zone 23; Mr. Rohaisyam Mohd Jombri, the Mukim Sg. Buloh 1 Penghulu; Dr. Mas Ahmad Sherzkaween Mohd Yusoff, a Public Health Medicine Specialist from the Vector-Borne Disease Control Unit, PKD Petaling; Mr. Mohd Faudzi Mohd Nazam, Chair of the COMBI program for Petaling District; and Dr. Mohamad Ikhsan Selamat, a representative from the Faculty of Medicine at UiTM, along with lecturers who served as advisors for the Karnival Sifar Denggi program, Dr. Nurhuda Ismail and Associate Professor Dr. Mohd Rodi Isa. The ceremony was officiated by Mr. Haji Anuar Hj. Abd Rahman, who performed a symbolic pledge titled "Aku Janji Sifar Denggi".





After the opening ceremony, the program proceeded with the main highlight of the carnival, Explorace. This activity aimed to determine which team could collect the most containers that could potentially breed dengue mosquitoes.



In addition, health screening was available for residents, a dengue-themed colouring contest for kids, and health exhibitions also focused on dengue and its prevention from students and PKD Petaling. A few lucky draw sessions were organised to engage the audience and encourage them to participate in the program that day.



The program ended with a prize-giving ceremony. The activities brought joy to those present while incorporating dengue-prevention elements into each event. This approach aimed to ensure that residents received information about dengue in an interactive, relaxed, and easily understandable manner. It is hoped that this information will benefit them and contribute to ending the dengue hotspot in their area.