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UROGYNÆCOLOGY CRASH COURSE 2024

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The Department of Obstetrics & Gynecology proudly introduced the inaugural Urogynaecology Crash Course on 13th January 2024, marking a significant milestone in our commitment to comprehensive medical education. Held at the esteemed Clinical Skills Centre, Hospital Al-Sultan Abdullah, UiTM, this one-day course exceeded expectations in delivering essential knowledge and fostering a vibrant learning environment.



This course was designed with the aim of empowering participants with insights into the clinical assessment, interpretation of investigations, and basic management of urogynaecological issues. Moreover, it provided invaluable tips for navigating examination questions related to urogynaecological conditions, ensuring participants were well-equipped for their daily clinical duties in managing women with urogynaecological problems as well as for their examinations.

Comprising six dynamic sessions, the course covered fundamental topics in urogynaecology, including Basic Sciences, Pelvic Organ Prolapse, Urinary Incontinence, Obstetric Anal Sphincter Injuries, Urinary Tract Infection, and other prevalent urogynaecological concerns, as well as urodynamics.



A distinguishing feature of this course was its innovative format, which required participants to prepare beforehand. Each session commenced with a quiz, a mixture of single-best answers and true-false questions, to allow the participants to assess their level of knowledge and understanding on each topic. This was meant for them to know their areas of strength and weakness, stimulate active participation, and set the stage for insightful discussions. Led by esteemed professionals including Associated Prof. Dr. Bahiyah Abdullah, a urogynaecologist from the Faculty of Medicine and HASA UiTM, along with Prof. Dr. Lim Pei Shan and Associate Prof. Dr. Ixora Kamisan Atan from Hospital Canselor Tuanku Muhriz, the discussion sessions were marked by lively exchanges and deepened understanding.

With 37 enthusiastic participants, mostly Master of Obstetrics & Gynecology (MOG) and MRCOG trainees, the course fostered a dynamic classroom setting conducive to meaningful interaction between speakers and attendees. Steering away from traditional lecture-based formats, the emphasis was on

creating an inclusive, collaborative learning environment. The abundance of questions and interactions underscored the participants' active engagement and eagerness to learn.

Special commendation is due to the diligent and hospitable committee members whose efforts ensured the seamless flow of amenities, including mineral water, coffee, sweets, and delectable food throughout the event, contributing to a delightful experience for all.

The overwhelmingly positive feedback from participants speaks volumes about the course's effectiveness. Universally, participants expressed satisfaction with the relevance of the content and the efficacy of the delivery methods in facilitating learning. While suggestions for additional sessions, such as POPQ assessment and extended discussion sessions, were noted, the resounding success of the course has sparked discussions about expanding it into a two-day event in the future.

In conclusion, the Urogynaecology Crash Course not only met but exceeded expectations, leaving participants enriched, empowered, and eager for more. It stands as a testament to our unwavering commitment to excellence in medical education and innovation in delivering impactful learning experiences.