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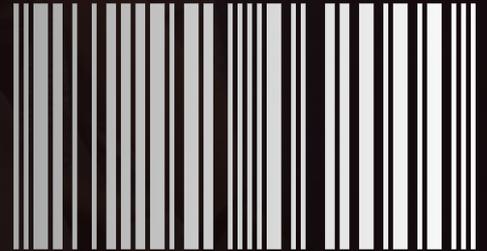
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Menyerlahkan Potensi
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“PENYAYANG HEALTH FESTIVAL” BRINGING PEOPLE TOGETHER FOR WORLD AIDS DAY

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Shah Alam, December 2023 – 1st December is World AIDS Day, an initiative by the World Health Organization (WHO) that brings together people around the globe, providing the community with an opportunity to spread awareness on HIV/AIDS-related issues. In conjunction with this, Pusat Kesihatan UiTM Shah Alam, in collaboration with Kelab Penyayang UiTM and Pejabat Kesihatan Daerah (PKD) Petaling, organized the Penyayang Health Festival (PHF) to commemorate the celebration of World AIDS Day. This event aimed to increase awareness among students and staff from various faculties at UiTM and the public in general regarding the impact of HIV/AIDS on society and to educate on disease prevention.

Family Medicine Specialists (FMS) and medical officers (MO) from the Department of Primary Care Medicine, Faculty of Medicine UiTM, and medical students from the Persatuan HealX (Reproductive Cluster) were invited to participate in this event, providing health education and the latest relevant information on HIV/AIDS to the attendees. The event was held on 12th and 13th December 2023, in Dewan Kolej Mawar, UiTM Shah Alam.



The Activities

The booth from the Faculty of Medicine offered interactive educational activities to the attendees. The games include 'Wheel of Health', 'Table Bowling', and 'Giant Snake & Ladder'. Through 'play and learn', it engaged participants attending the booth, the FMS and medical students, and created a more effective learning experience.



'Wheel of Health'



'Table bowling'



'Giant snake & ladder'

An HIV/AIDS-themed question series was prepared at the booth, emphasizing the common symptoms of the disease, mode of transmission, screening test and treatment. Among the questions are: "Can we share drinks with a person who has HIV infection?", "Is getting an HIV test painful?" and "Can HIV infection be treated?". The educational games were anchored by our medical students, and the experience has helped them to develop their confidence and nurture their communication skills in delivering clinical knowledge to the public.

The session also provided opportunities to the public for further discussion through the "Meet the Doctors" corner led by the FMS on site, Dr. Nafiza, Dr. Najaa and Dr. Nik Munirah and the MOs, Dr. Syazwani and Dr. Tarmidzi. We also had some one-on-one discussions with those who needed further consultation and helped them to demystify the facts and myths about HIV/AIDS. We were able to rectify misconceptions among the participants and encourage them to get the correct messages across to family and friends.

Output and Conclusion:

The informative and interactive learning and education session provided valuable insights and resources for attendees to comprehend HIV/AIDS issues effectively. With more than 600 people visiting and participating in the activities, this health educational program served as a powerful platform for increasing awareness and knowledge regarding HIV/AIDS among the public, particularly UiTM students and staff. Through like-minded collaborations, the Department of Primary Care, Faculty of Medicine UiTM remain committed to supporting efforts in health education as well as promoting healthy lifestyle practices for the prevention of HIV/AIDS.



'Meet the Doctors'



Consultation and discussion