



UNIVERSITI
TEKNOLOGI
MARA

FACULTY OF MEDICINE UiTM

MED BULL'

NO.1/2024



eISSN 2805-4628



9 7 7 2 8 0 5 4 6 2 0 0 0

Menyerlahkan Potensi
Membentuk Masa Hadapan





INCREASING AWARENESS OF DIABETES WITH A HEALTH SCREENING PROGRAM IN CONJUNCTION WITH WORLD DIABETES DAY 2023

Dr. Nur Aini Eddy Warman, Dr. Mohd Hazriq Awang, Dr. Aimi Fadilah, Dr. Nur Aisyah Zainordin, Dr. Fatimah Zaherah Mohamed Shah & Dr. Rohana Abdul Ghani
Endocrine Unit, Department of Medicine



World Diabetes Day is celebrated annually on 14th November and aims to raise awareness about diabetes mellitus. In line with the theme of World Diabetes Day 2023, emphasizing 'Access to Diabetes Care,' the UiTM Endocrine team organized a two-part health screening and education program that extended its reach to the community, emphasizing a commitment to outreach and engagement with society.

The first phase of the World Diabetes Day (WDD) celebration was held on 4th November 2023. Organized by the Hospital Al-Sultan Abdullah Endocrine Unit, in conjunction with the Hospital Al-Sultan Abdullah (HASA), Faculty of Medicine UiTM, and KPT Prihatin Komuniti Sejahtera, this health screening WDD program was held in Dewan Majlis Perbandaran Kuala Selangor. The event was held in collaboration with other departments, including the pediatric department, the pharmacy department, the ophthalmology department, and the business development unit HASA.

The event featured a multitude of engaging activities, which included interactive and informative booths. The booth was comprised of activities for health screening, body fat analysis, eye

health examination, oral health examination, medication awareness, child health screenings, and healthy eating. There were also quizzes, games, and coloring competitions.



The 5-hour event was a success, attracting nearly 300 participants from the local community of the surrounding neighborhood and a diverse crowd, all contributing to a lively and educational atmosphere.

The World Diabetes Day celebration was extended to the second phase, which catered to increasing awareness and education about diabetes. This event was held on 27-29th November 2023, at Anjung Zam Zam Hospital Al-Sultan Abdullah. Health screening, a healthy eating booth by the Dietetic Department, a cooking demonstration by the Faculty of Health Science at UiTM, and rehabilitation education for patients with diabetes by the Rehabilitation Medicine were among the events that took place on the second phase. This 3-day event was again a success, and has attracted nearly 200 participants, consisting of staff, patients, and their relatives.



We look forward to organizing World Diabetes Day in the next year on a larger scale with the aim of reaching a broader audience. Our commitment to promoting awareness, providing access to diabetes care, and fostering community engagement remains at the forefront of our efforts.