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Menyerlahkan Potensi  
Membentuk Masa Hadapan



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THE  
IMPACT  
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UiTM di hatiku



## 1<sup>ST</sup> UiTM BASIC ORL UPDATES & INTRODUCTION TO ORL SERVICES

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Dr. Muhammad Ariff Sobani, & Dr. Noor Shahira Mohamad Fuzi**  
**Department of Otorhinolaryngology, Head & Neck Surgery**

On the 2nd November 2023, the Department of Otorhinolaryngology-Head & Neck Surgery (ORL-HNS) organized the 1st UiTM Basic ORL Updates & Introduction to ORL Services course.

This course was conducted at Hospital Al-Sultan Abdullah (HASA) UiTM Puncak Alam and was officiated by our honorable Dean of Faculty of Medicine, Associate Professor Dr. Fazah Akhtar Hanapiah. Eighty-nine participants attended, including specialists, medical officers, staff nurses, paramedics, and other allied health professionals from the private and government sectors.

The main objectives of the course are to provide updates on the latest developments in managing Ear, Nose, Throat, and Neck related conditions, to offer practical hands-on session training related to vestibular diseases, and to introduce ORL clinical services provided by the Department of ORL-HNS at HASA UiTM such as subspecialties in Laryngology, Vestibular disorder, and Snoring related sleep apnea problems.



The event was preceded by two outstanding medical officers, Dr. Islam & Dr. Shahira Fuzi, and then it commenced with a prayer recitation by Ustaz Dr. Raziin. Our Head of Department, Prof Masaany Mansor, initiated a series of lectures with a talk regarding Laryngopharyngeal Reflux Management and updates. Basic assessments & management in all subspecialties in ORL-HNS, including Otology, Rhinology, Head and Neck, Larynx, and Vestibular, are covered in these lectures by our dedicated ORL-HNS specialists and lecturers.



Lectures were interlaced with two sessions of the KAHOOT Quiz, with interesting prizes won by the top 3 participants. Our co-sponsor company, GSK Pharmaceutical, gave the Lunch Talk Symposium, introducing the intranasal spray Avamys, used to treat Allergic Rhinitis.

Booths were set up outside the lecture hall with companies such as GS Med, JetPharma, ERIKG, 20dB Hearing, and Hyphens Pharma introducing their ORL-related medical products.

In the evening, our program continues with the 'hands-on' practical session of the Vestibular diagnostic and therapeutic maneuvers lesson. This session was conducted by our fellow ORL-HNS specialists, led by Dr. Intan Kartika Kamarudin. During this session, participants had an opportunity to watch and learn how the maneuvers were being done, hence practicing it upon each other to sharpen their skills. Through this, participants also had the opportunity to express any Otorhinolaryngology-related questions to the specialist available.

Pre- and post-tests showed remarkable improvement in the participants' knowledge of the lectures and practical lessons given. Much positive feedback was given to show participants' satisfaction with the program, how it is being carried out, and the contents and presentations of the lectures and practical sessions.

In conclusion, this outstanding program truly improved the knowledge of frontline doctors and allied healthcare workers in the basic management of Otorhinolaryngology. The program also taught them to detect red flags in Otorhinolaryngology, which warrants a specialist's referral. The ORL-HNS Department hopes that more similar programs can be carried out to spread knowledge and updates regarding Otorhinolaryngology in the future.