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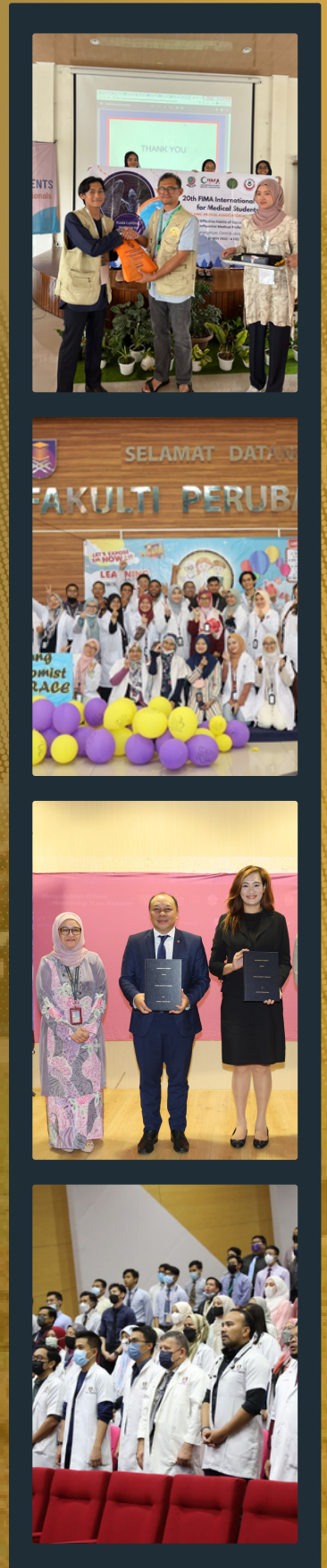
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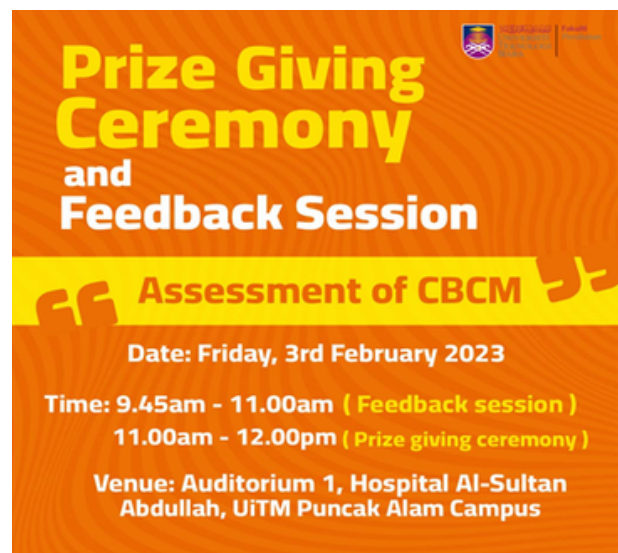


## Consolidation of Basic Clinical Methods (CBCM): First Batch of Year 3 Students at Hospital Al-Sultan Abdullah

**Dr. Sabrina Ab Wahab**  
Coordinator CBCM, 2022/2023

The 16th of January 2023 was the first day of the clinical year for the third-year medical students, and they were eager to consolidate their basic clinical examination techniques. It is a significant milestone for both the students and the hospital. The commencement of this program marked a new beginning, and it was exciting to see the students move into the hostel in the Puncak Alam campus and become the first batch of Year 3 students in Hospital al-Sultan Abdullah, Puncak Alam. The students were eager to begin clinical years because this was the first time it had been done in a hospital setting.

CBCM is a 3-week program developed for Year 3 medical students entering the clinical years upon the start of the semester to consolidate their basic clinical examination techniques. On the first day, a series of introductory lectures were given in the hospital's auditorium. The Dean, Assoc Prof Dr.



Akhtar Hanapiah, gave an opening speech, and she reminded the students of the responsibility that came with entering the clinical years and encouraged them to work hard. The importance of maintaining professional conduct and treating patients with respect was also emphasized in the subsequent lectures. They also attended a series of lectures on clinical and theory examination. They were taught about the various systems of the body and the standardized techniques used to examine them.

This was followed by the clinical sessions, including history and clinical bedside teachings over the 3-week session. They were assigned into groups, where they would work together, contact and organize sessions with the clinical lecturers. The students were excited to put their theoretical knowledge to practical use and learn from real-life patients. This was the first task for the students, and their tone was formal as the students introduced themselves to their first patient. They were initially nervous, but as they began to examine the patient, they felt a sense of accomplishment. They practiced, enquired the clinical skills, and gained confidence.

Finally, it was time for the students to put their learning into practice, and they had successfully completed the CBCM assessment session. On the closing day, the 3rd of February 2023, the lecturers also gave them feedback on their performance, followed by the prize-winning ceremony by the Deputy Dean, Assoc Prof Dr. Hazlyna Baharuddin. Congratulations again to Group 3, Group 6, and Group 17 for achieving the highest marks in each category (Short Case, Clinical Reasoning, and History Taking) for the assessment session. Overall, it was an excellent initiative from all lecturers involved, and looking forward to witnessing more successful sessions in the future.

