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Konvensyen KMK (m.s. 4)

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Humour in the Classroom

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"Cabaran Kenyalang di Bawah Bayu"

Rafidah Nawawi

Bermula 7 Ogos 2004 sehingga 14 Ogos 2004 berlangsungnya satu aktiviti yang paling bersejarah di UiTM Sarawak, iaitu "Cabaran Kenyalang di Bawah Bayu" yang diadakan di Kota Kinabalu, Sabah. Aktiviti ini telah diketuai oleh Saudara Ahmad Termizi Sapri dan disertai oleh 38 peserta dan 2 orang pegawai pengiring.

"Cabaran Kenyalang di Bawah Bayu" merupakan aktiviti yang paling mencabar yang pernah dianjurkan oleh Jawatankuasa Perwakilan Komander Kesatria (JPKK) UiTM Sarawak. Objektif utama program ini adalah untuk menakluk puncak tertinggi di Asia Tenggara, Gunung Kinabalu setinggi 4095.2 meter Di samping itu, aktiviti ini juga bertujuan untuk melatih para peserta untuk bekerjasama sebagai satu kumpulan. Semua peserta telah berjaya mencapai matlamat itu pada 12 Ogos.

Antara aktiviti lain yang telah dilangsungkan ialah lawatan ke Universiti Malaysia Sabah (UMS), Muzium Sabah dan UiTM Sabah. Semua lawatan ini amat menarik terutama lawatan ke UMS di mana pemandangan sekitar adalah saujana mata memandang. Di samping itu persekitaran UiTM Sabah amatlah mempesonakan kerana kedudukan UiTM Sabah yang terletak di lereng bukit. Lawatan ke Muzium Sabah pula amat berinformasi kerana pelbagai artifak dan pameran berkenaan Sabah dipamerkan. ketika kami mengadakan lawatan ke sana.

Adalah diharapkan aktiviti ini akan menjadi satu sumber inspirasi kepada persatuan lain untuk mengadakan aktiviti yang lebih mencabar lagi di masa hadapan.

Sekalung tahniah juga diucapkan kepada peserta kerana telah berjaya menakluk puncak Kinabalu.

Rehabilitation the OKU way: Learning to Live

Ng Kui Choo

"Tell your friends, your relatives, anyone you know who has a disability, about this center. We want to rehabilitate as many disabled people as possible so that they can become more independent and self-reliant."

Gabriel Teo, Assistant Principal of Pusat Pemulihan Samarahan, spoke with the deep-seated passion and determination of a man who believes in what he is doing – rehabilitating the OKUs (Orang Kurang Upaya). He was briefing some 23 Pre-Commerce students during the first leg of their educational visit to the center. For practically all the the students, led by Puan Ng Kui Choo, this was their first encounter with the world of the under-privileged. "Try not to use the word "cacat" or handicapped," cautions Teo as he delves into the types of disabled people currently undergoing training at the center. He explains that the trainees follow courses like carpentry, hairdressing, dress-making, prosthetics-making and so on for two years. The students were taken on a tour of the center where they had the chance to watch the trainees at work. The large majority of them felt a lot of admiration for the trainees.

"They are very special people. We must respect them," said Julia Adan. Vanessa Kacha admitted that she had learnt a lot from them.

"They try very hard to improve themselves ... they have shown us that handicapped people can also be useful..." Norrisyamsiah, echoing the sentiments of many others, shared this: "The visit to the rehabilitation center was a most unforgettable experience and it was very useful to me. ...the people there are very special and creative." Many students also admitted that after the visit to the center, they learnt to be more appreciative of life.

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Our Own Fitness Centre (next issue)

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" Berbekalkan ilmu, keazaman, ketaqwaan dan yakin segalanya boleh, kita akan lebih memahami erti kemerdekaan." Prof Madya Dr Abang Ridzuan