

FPP BizNewz

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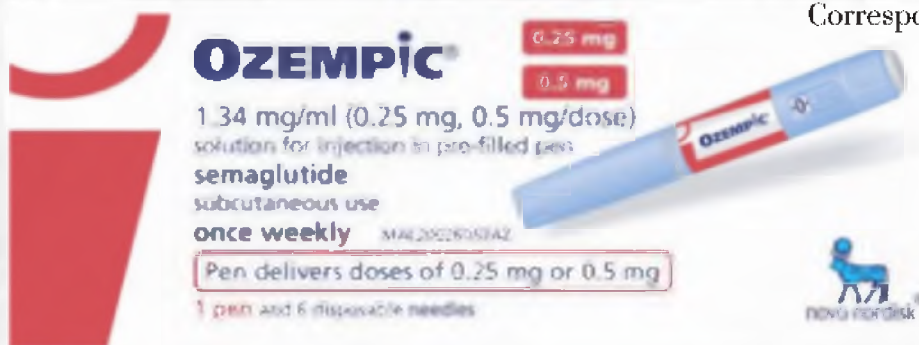
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In recent years, the quest for effective weight loss solutions has intensified globally, and Malaysia is no exception. The latest craze sweeping the nation is Ozempic (semaglutide), a medication initially designed for managing type 2 diabetes. It's surprising and highly effective side benefit of weight loss has turned it into a hot topic among those seeking to shed pounds. Let's explore what Ozempic is, how it works, and why it has become so popular in Malaysia, leading to significant supply shortages.

WHAT IS OZEMPIC?

Ozempic is a GLP-1 receptor agonist, a type of medication that mimics the GLP-1 hormone naturally produced in the body. This hormone plays a crucial role in regulating blood sugar levels, slowing gastric emptying, and increasing feelings of fullness. These effects not only help in controlling blood sugar but also significantly reduce appetite and calorie intake, leading to weight loss.

WHY THE CRAZE?

The buzz around Ozempic stems from its dual benefits. For those struggling with type 2 diabetes, it offers improved blood sugar control. However, its ability to significantly aid in weight loss has captured the attention of a broader audience. A study published in "The Lancet" found that patients using Ozempic lost an average of 10-15% of their body weight over a year.

New Craze: Ozempic in the Fight Against Obesity

THE SCIENCE BEHIND OZEMPIC

Ozempic works by slowing down the emptying of the stomach, which helps you feel full for a longer period. This mechanism significantly reduces the urge to eat frequently, aiding in substantial weight loss when combined with a healthy diet and exercise.

Clinical trials have shown that Ozempic not only helps in weight reduction but also offers cardiovascular benefits, making it a comprehensive treatment for those with type 2 diabetes.

In Malaysia, the popularity of Ozempic has soared, leading to supply shortages due to high demand. Many pharmacies report limited stock availability, often needing to import from countries like Denmark to meet local demand. Major pharmacy chains like Watsons and Guardian typically do not stock Ozempic; instead, it is available through specialized clinics and online pharmacies. Sarah Tan, a 34-year-old from Kuala Lumpur, shared her success story: "I tried everything from diets to rigorous workouts, but nothing worked until I started Ozempic. I lost over 12 kilograms within months, and my energy levels have soared."

SAFETY AND SIDE EFFECTS

While Ozempic is a game-changer, it's not without potential side effects. Common issues include nausea, vomiting, diarrhea, and constipation, which typically subside as the body adjusts to the medication.

More serious risks include:

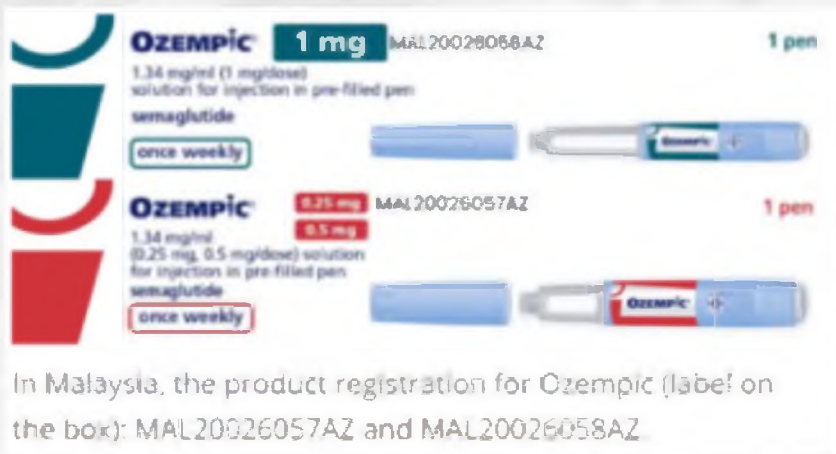
- **Thyroid Tumors:** Animal studies have shown a potential risk, though this has not been confirmed in humans.
- **Pancreatitis:** Those with a history of pancreatitis should use Ozempic cautiously.
- **Gallbladder Issues:** Users may experience gallstones or other gallbladder problems.

In 2023, the FDA added a warning about the risk of intestinal blockage (ileus), a serious but rare side effect.

BMI 18.5 - 24.9
NORMAL WEIGHT

OVERWEIGHT

OBESSE



In Malaysia, the product registration for Ozempic (label on the box): MAL20026057AZ and MAL20026058AZ.

AVAILABILITY IN MALAYSIA

Ozempic is available in Malaysia and can be prescribed by healthcare providers. Its use, particularly for weight loss, should be closely monitored by a medical professional to ensure safety and effectiveness. The medication is typically priced between RM 1,000 and RM 1,500 for a month's supply, depending on the dosage.

WHERE TO BUY OZEMPIC IN MALAYSIA

1. Caring Pharmacy: Known for competitive pricing and reliable stock of prescription medications.
2. Pulse Clinic: Available in Kuala Lumpur and Penang, Pulse Clinic offers Ozempic along with other semaglutide options like Rybelsus.
3. Premier Cherang Clinic: Specializes in weight management programs and stocks Ozempic as part of their treatment options.
4. NextMed Clinic: Another option where Ozempic is available for weight management programs.
5. Online Pharmacies: Websites like DoctorOnCall offer the convenience of home delivery for Ozempic, ensuring easy access for those who prefer online shopping.

RECOMMENDATIONS

If you are considering Ozempic for weight loss, it is essential to consult with a healthcare provider to discuss whether it is appropriate for you. Your doctor will evaluate your medical history and monitor your progress to mitigate any potential risks.

CONCLUSION

Ozempic is swiftly becoming a popular choice for weight loss in Malaysia due to its impressive efficacy. While it offers a promising solution for those struggling with obesity, it is vital to use it under medical supervision to ensure it is safe for your specific health needs. As with any new health trend, informed decisions and professional guidance are key.

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Benefits



Ozempic (Semaglutide) is a once-weekly injectable prescription medicine that may improve blood sugar (glucose) levels in adults with type 2 diabetes. It also contributes to weight loss and reduces the risk of major adverse cardiovascular events such as heart attack, stroke, or death in adults with type 2 diabetes with known heart disease.



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Faculty of Business and Management
Universiti Teknologi MARA Cawangan Terengganu Kampus Dungun
Sura Hujung, 23000 Dungun, Terengganu, MALAYSIA
Tel: +609 8400 400
Fax: +609 8403777
Email: biznewzuitm@gmail.com