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# The Epitome /i'pitəmi/

Academy of Language Studies, UiTM Kedah Branch

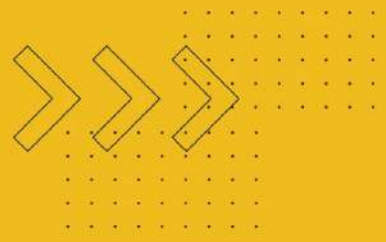
Unleash the epitome  
of creative writers

Volume 2 Issue 6

2026

*The*  
**Epitome**  
/ɪˈpɪtəmi/





# Copyright Page

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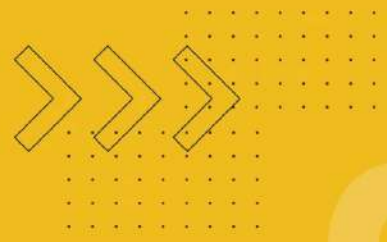
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# Synopsis

The Academy of Language Studies at Universiti Teknologi MARA (UiTM) is thrilled to unveil the vibrant sixth edition of its e-magazine, The Epitome. This publication celebrates our passionate commitment and unwavering dedication to the art and craft of language and literature.

THE EPITOME emerges as a dynamic platform for a community of writers, educators, scholars, poets, and researchers, all eager to share their unique perspectives, breakthroughs, wisdom, and tales. This edition showcases a mix of creative writing genres, from the dramatic twists of Playwriting to the introspective depths of Personal Essays, including Short Stories, Songs, Speeches, Memoirs, Literary Journalism, Humorous Writing, Lyric Essays, and Innovative Essays. With a rich tapestry of voices, presenting and embracing works in English, Bahasa Melayu, Mandarin, and Arabic, each adding its own uniqueness to the realm of language and literature.

Synopsis



*The*  
**Epitome**  
/i'pitəmi/

# Preface

**Puan Robekhah Harun**  
Acting Head of Faculty  
Academy of Language Studies  
UiTM Kedah Branch

Welcome to Epitome, the 6<sup>th</sup> Issue. Epitome is the platform where writers transformed moments into meaning and emotions into language, offering readers a mirror in which they may recognize parts of themselves. The theme for this publication is Stories That Stay - A timeless collection of powerful narratives – memories, questions, friendships, losses, and life-altering choices.

Stories That Stay is a quiet yet powerful reminder that the most enduring narratives are often born from moments of reflection rather than spectacle. The stories collected within this bulletin encourages readers to pause, to listen, and to engage with experiences that linger long after the final page is turned.

The writers have approached their work with sincerity and depth, transforming personal moments into shared understanding. In doing so, they remind us that stories do not end on the page; they continue within the reader, shaping thought, emotion, and perspective.

I extend our heartfelt congratulations to the editorial team and all the contributors for bringing Stories That Stay to life. Your dedication, creativity, and thoughtful curation have resulted in a body of work that resonates with sincerity and depth. May this publication serve not as an endpoint, but as a beginning. Continue to write, to publish, and to trust in the power of your voices. The world needs stories like these – stories that stay.

May Epitome serve as both recognition and encouragement for writers to continue to write with honesty, to publish with purpose, and to trust that your words matter. In a world that often moves too quickly, your willingness to slow down and tell stories that endure is invaluable.





# Editor's note

Assalamualaikum and warmest greetings,

Dear gentle readers,

Alhamdulillah, by the grace of Allah SWT, we are delighted to present the 6th issue of our e-magazine, centered on the theme "Stories That Stay." These are not just stories – they are living reminiscences, deepest questions, treasured friendships, deep losses, and life-changing choices that remain with us long after the moment has passed.

Every narrative in this issue carries a spark – a reminder that our journeys are written with wisdom, by the One who knows us best. Some stories teach, some heal, and others strengthen us when we feel we cannot go on. May these pages offer you reflection, comfort, and renewed strength, Insha-Allah.

As the Chief Editor, I extend my heartfelt gratitude to all the contributors who poured their hearts into their writing, and to you – our beloved readers – for your continuous support. May Allah bless your path as you read, reflect, and grow through these timeless stories.

Happy reading, and may your heart find what it needs.

**With love and gratitude,  
Hajah Razanawati Nordin  
Chief Editor**





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# TARIAN GULA

**Nur Maisarah Sarizan**

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Glikan adalah gula, rumit dan pelbagai,  
Aturan tersusun cantik seperti rantai,  
Protein dan lipid diselangkan tidak terabai,  
Membina sel membran umpama mahligai.

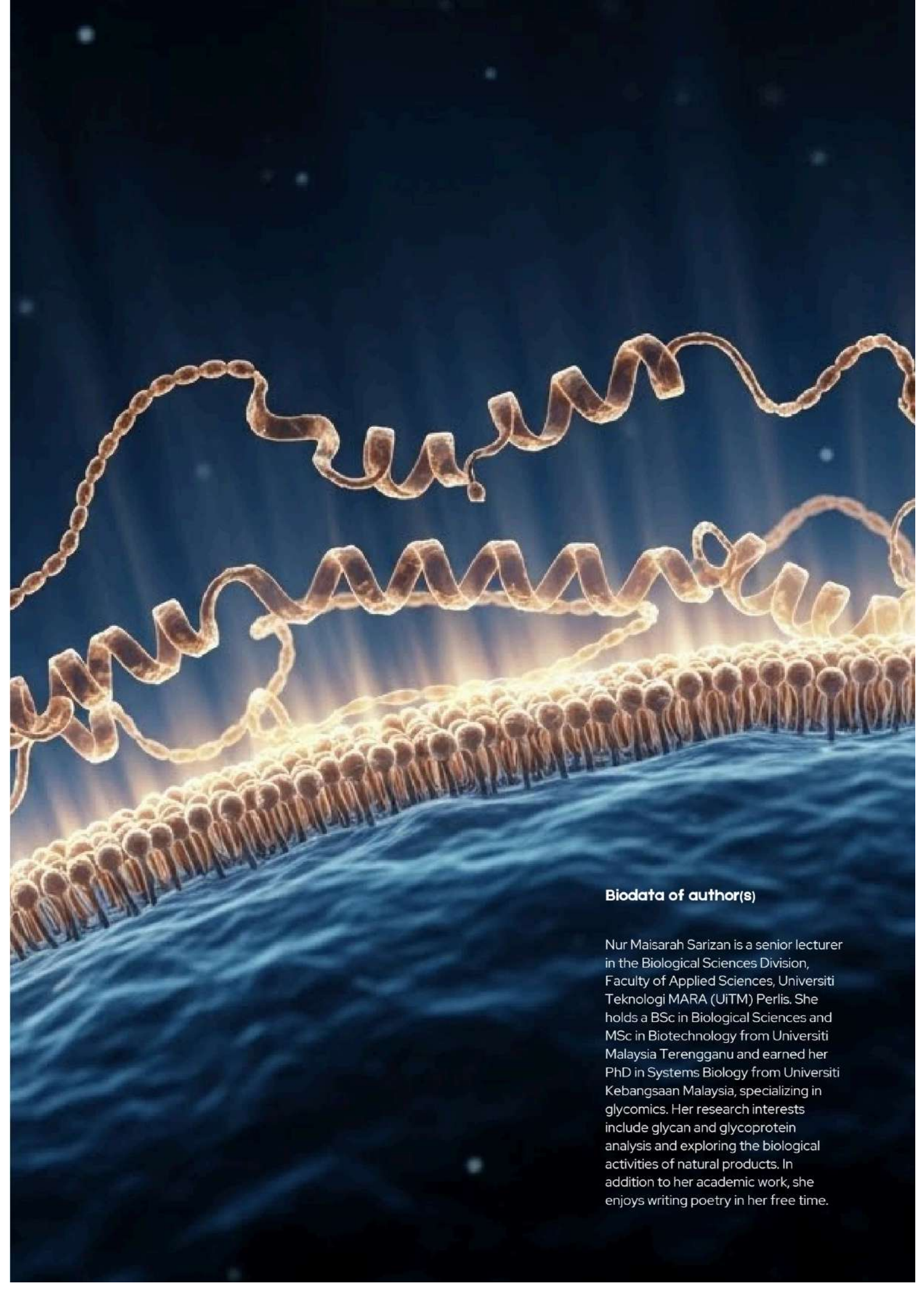
Gliko protein memakai tanjak bergula,  
Busana protein segak dipakai bersama,  
Merupakan molekul penting diutus sebagai  
pengantara,  
Supaya rangkaian kehidupan yang rumit dapat  
dikelola.

Di dunia sel, kecil tidak kelihatan,  
Glikan dan gliko protein memainkan peranan,  
Menari bersama-sama di batas membran,  
Mempunyai matlamat yang penting dalam biologi  
kehidupan.

Dari sel ke sel, mereka mengikat dan  
menyambung, Bahasa gula yang sangat unik  
untuk berhubung,  
Terlibat dalam pelbagai proses kompleks tidak  
terhitung,  
Dalam dunia biologi, mereka disebut dan di  
sanjung.

Dalam sihat dan sakit, tidak terkecuali,  
Molekul glikan dan glikoprotein aktif berinteraksi  
Dalam aliran darah dan tisu, mereka mengemudi,  
Bukti dunia gula yang kompleks tidak bersemadi.

Dalam tarian selular yang rumit dan penuh  
adegan,  
Glikan dan gliko protein, perlu diraikan,  
Walaupun kecil usah dilupakan,  
Mereka memainkan peranan sangat penting  
walaupun tidak kelihatan.



#### **Biodata of author(s)**

Nur Maisarah Sarizan is a senior lecturer in the Biological Sciences Division, Faculty of Applied Sciences, Universiti Teknologi MARA (UiTM) Perlis. She holds a BSc in Biological Sciences and MSc in Biotechnology from Universiti Malaysia Terengganu and earned her PhD in Systems Biology from Universiti Kebangsaan Malaysia, specializing in glycomics. Her research interests include glycan and glycoprotein analysis and exploring the biological activities of natural products. In addition to her academic work, she enjoys writing poetry in her free time.



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