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**SOARING  
UPWARDS**  
MALAYSIAN HIGHER EDUCATION

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The nursing programme of UiTM Sarawak Samarahan 1 Campus was invited to participate in a health screening programme organised by *Majlis Profesor Negara* in collaboration with UiTM Sungai Buloh, UNIMAS, and *Jabatan Kesihatan Negeri Sarawak* from 29 January to 30 January 2016 in two villages, namely Kampung Kamam Krokong, Bau and Kampung Bunuk, Kota Padawan, Sarawak. 27 nursing students, four nursing lecturers and five nursing assistant lecturers were involved in the programme.

The programme started at 8.00 am and ended at 1.00 pm. The UiTM nursing students and staff were assigned to help with the registration and the measurement of Body Mass Index, waist and hip circumferences and blood pressure. The students and staff had a wonderful opportunity to communicate with the local villagers, collaborate with other agencies involved and network with other professionals. There were other health stations such as blood taking, dental examination, paediatric assessment, breast examination and pap smear test as well as free consultations with cardiologist, ophthalmologist, gynaecologist and other allied health care professionals available during the programme. The response from the villagers was overwhelming as approximately 300 villagers, ranging from young children to the elderly, came to have their health examined. Most villagers were grateful to have the medical teams visiting their village and conducting a health screening activity. This programme enabled the professionals to identify and detect any abnormalities that could be silent killers to the villagers.

As for the students and staff, this health screening activity was a golden opportunity to practise their knowledge and skills on the local community besides improving the communication skills with the public and boosting their confidence when liaising with the organisers and villagers. Furthermore, this programme has increased the awareness about the importance of giving back to the community and reaching out to those who are staying far from healthcare facilities.

## Health Screening: Program Ilmuan Majlis Profesor Negara Bersama Penduduk Sarawak

By: Frannelya Francis, Nur Haslina binti Shamsudin and Shreen Senara ak James



## KEMPEN SENYUM UNIVERSITI TEKNOLOGI MARA CAWANGAN SARAWAK KAMPUS MUKAH 2016

Oleh: Tracy Adeline Ajol

Kempen Senyum Peringkat Universiti Teknologi Mara Cawangan Sarawak, Kampus Mukah 2016 anjuran Unit Sukan dan Rekreasi UiTM Cawangan Sarawak, Kampus Mukah telah diadakan pada 11 Mac 2016, bertempat di Dewan Sri Balau, UiTM Sarawak, Kampus Mukah. Kempen tersebut telah berlangsung dari pukul 2.30 petang hingga 4.30 petang. Kempen ini telah disertai oleh staf dan pelajar UiTM Sarawak, Kampus Mukah. Objektif penganjuran Kempen ini adalah untuk merapatkan lagi ukhwah di kalangan staf dan pelajar UiTM Sarawak, Kampus Mukah melalui budaya senyum dan seterusnya melahirkan pekerja yang mesra pelanggan.

Lencana bagi kempen senyum mula diagihkan pada pukul 2.30 petang kepada staf dan pelajar UiTM Sarawak, Kampus Mukah sebaik sahaja mereka sampai di dewan. Pada pukul 3.00 petang, ketibaan Tuan Haji Khalik bin Ibrahim, Penolong Rektor UiTM Cawangan Sarawak, Kampus Mukah telah disambut dengan tepukan gemuruh daripada semua yang hadir. Semua staf dan pelajar UiTM Sarawak, Kampus Mukah turut mengambil peluang untuk bergambar bersama Penolong Rektor UiTM Sarawak, Kampus Mukah sebaik sahaja tayangan tersebut tamat. Aktiviti terakhir adalah aktiviti Zumba beramai-ramai. Majlis telah berjalan dengan lancar dan tamat pada pukul 4.30 petang.



Perasmian Kempen Senyum oleh Penolong Rektor UiTM Sarawak, Kampus Mukah



Aktiviti Zumba bersama pelajar UiTM Sarawak, Kampus Mukah



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