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## Creating Happiness

IN WORK AND LIFE IN SOCIETY: A RELIGIOS PERSPECTIVE

Teknik Pengucapan

# BARACK OBAMA

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## Creating Happiness in Work and Life in Society 5.0: A Religious Perspective

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According to the World Happiness Report, Finland has been named the happiest country in the world for the fifth year in a row. The rankings are based on Gallup World Poll scores between 2019 and 2021 from 146 countries. Nordic countries tend to exhibit higher levels of personal and institutional trust. This World Happiness Report uses data reports to explain the “often overlooked and underappreciated” factors of balance and harmony. Therefore, people in the Nordic countries have a higher level of balance and harmony. Happiness is a choice and a decision from the heart. Sometimes the level of happiness is measured by life and the things it has. However, true happiness tends to be a state of mind and feeling that is characterized by a sense of gratitude or contentment to moderately intense pleasure, love, or joy. Someone who feels unhappiness in his life, namely when he has bad relationships with other people, whether with work relatives, work bosses, neighbors, family members, or partners, and has difficulty controlling their emotions and being relatively unproductive, should consider that happiness is not only about getting what you want but also about being able to accept what you don't want. However, the current generation, especially the millennial generation, views happiness based on career stability, financial security, self-satisfaction through achievement, and the ability to balance personal life with the demands of work.



From a spiritual perspective, the pinnacle of happiness is achieved when individuals can recognize their connections with God. When humans acknowledge themselves, the world around them, and God, it is as if they no longer requires anything else because they feel that their closeness to God has been fulfilled.

*In general, happiness in life can be described by five key aspects.*

The first of these is the acknowledgment of one's career establishment, which is vital for securing one's future. Therefore, it is necessary to understand how to manage one's life journey to align with career expectations. Beyond simply tapping into their potential and pursuing their passions within their respective fields, individuals who give their utmost effort to produce exceptional work are more likely to achieve career stability that matches their abilities.

The second aspect is financial stability. When someone attains financial stability, it can be seen as a measure of success in their career. Setting targets can help individuals stay focused on their activities and desires, leading to a lasting sense of satisfaction when those goals are achieved. It's important to note that not everyone aims for wealth and establishment.

The third aspect involves the establishment of family and social life. The role of family in one's life is significant, as it serves as a source of knowledge and influences individual success. Strong relationships between family members and society contribute to happiness by fostering harmony within families.

The fourth aspect is health stability. Health encompasses not only physical well-being but also mental and emotional health. It's crucial to maintain all aspects of health to ensure overall happiness and well-being. We often encounter people who are stressed, depressed, and feel hopeless because of their work.

When someone enjoys good mental health, they can appreciate the time and the people around them more in their daily lives. At the peak of health stability, they will experience happiness and won't feel burdened when facing various problems.

The last aspect is mental stability. The human soul is a spiritual entity. Logically, peace of mind is achieved by fulfilling the spiritual needs that connect with the Most High Spiritual Substance within the human soul. The more intensely humans remember God, the more profound the presence of God becomes, leading to a calmer human soul.

From this perspective, a perfect human being is someone who balances the qualities of knowledge and charity and can transmit these qualities to others. The quality of knowledge is characterized by faith and righteous deeds. Therefore, happiness in life is attained through harmony in career stability, financial stability, family and social life stability, health stability, and, finally, mental stability, which includes mental and spiritual well-being. If someone interprets happiness correctly, they will find that the life they lead is sufficient, and they will always be grateful for what they have obtained.

*It's important to understand that worldly happiness is not eternal, so one should strive to be someone who intelligently interprets true happiness, which encompasses both this world and the hereafter.*

# STAKEHOLDER THEORY: THE STATE OF THE ART (PART 2)

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The 1st part of this article is in the previous issue of BizNewz (Jan-May 2023).

The following are the continuation of some of the issues that have arisen in relation to the Stakeholder Theory, which is commonly connected to social issues related to management ( Issues 4 - 6).

## THE STAKEHOLDER THEORY

### Issue 1

It is not a 'theory'

### Issue 2

Managerial opportunism

### Issue 3

Concerned with distribution of financial output

### Issue 4

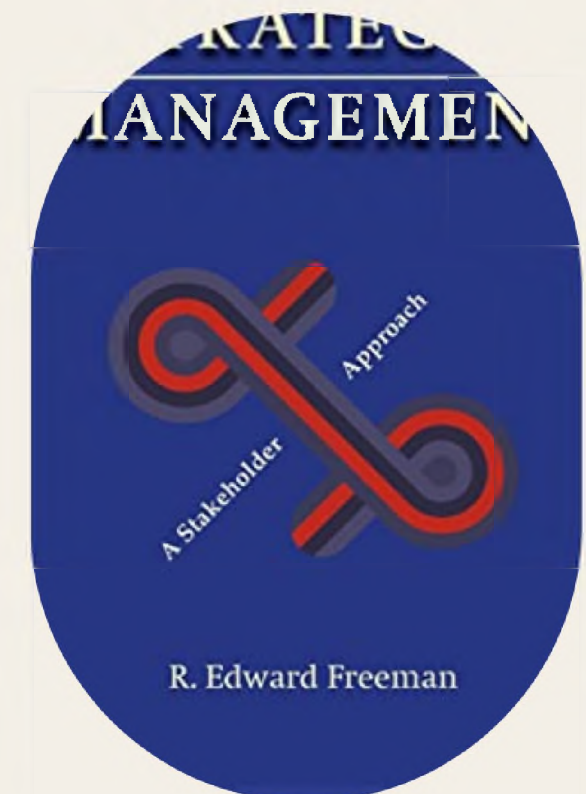
All stakeholders must be treated equally

### Issue 5

Changes to current law

### Issue 6

Stakeholder Theory is socialism





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