

## TOUR DE MEDICINE

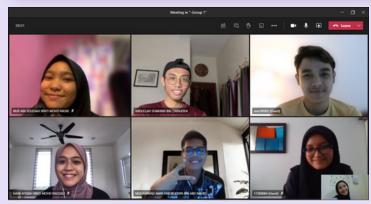
NUR AIN FATIHAH BINTI BORHAN
AQIF IZDIHAR BIN AZIZ
SECRETARY OF MEDICAL STUDENTS ASSOCIATION
(MESTA)

## **UITM X UM**

The Diplomatic Exco of Medical Student Association (MESTA) had also managed to organize a program known as "Tour De Medicine." Usually, this event is held in order to provide opportunities for participants to visit other medical schools both locally and internationally. This exchange program offers a suitable platform for the students to share opinions as well as exchange streams of thought not only limited to academics, but also in terms of leadership skills such as efficient methods in operating various organizations involving students from other institutions.

At previous events, we managed to bring students to the National University of Singapore (NUS), Universitas Indonesia (UI), University of Western Australia and University of Korea for 'external' visits. n addition, we were also granted the opportunity to bring students to Universiti Sultan Zainal Abidin (UniSZA), Universiti Sains Malaysia (USM), Universiti Malaysia Sarawak (UNIMAS), and several others for an 'internal' visit.





However, due to the Covid-19 pandemic, this event had to be held online and this time around, we had the chance to collab with University of Malaya Medical Society (UM MedSoc). The event started off with an ice-breaking session to "warm-up" the group by helping the members to get to know each other before proceeding with games such as Kahoot, Draw & Guess, Mafia Game & Spelling Bee. It was indeed a fun and entertaining activity. After that, we had sharing sessions with clinical year students to share their experience facing real patients, real equipment and real-life situations. It was an eye-opener as starting clinical rotations is definitely a huge step in advancing our medical education.

A gem piece of advice that was given by a thirdyear medical student from University of Malaya was; while preparations, all the data and pressure to know all the answers are indeed vital, we must never forget that our patients are still our utmost priority and always remember to build a good relationship while treating them with respect as a human's body is our best teacher.

In short, these two programs that I had mentioned were just a teaser for many more of our exciting programs which are yet to come. So be sure to anticipate our next program!



Participants of Tour De Medicine from both UiTM and University of Malaya