

NO. 1/2021

MED BULL'

FACULTY OF MEDICINE



اوپو تكنولوجي مارا
UNIVERSITI
TEKNOLOGI
MARA

Fakulti
Perubatan



EDITOR'S NOTES

Warmest greeting from the editorial team and welcome to the first Medical Bulletin of the Faculty of Medicine, Universiti Teknologi MARA (UiTM). 2021 is upon us and with it comes the promise of great growth and change. As part of our own expansion and growth, we're excited to introduce our Medical Bulletin, which is specifically designed to serve the insight of our beloved faculty.

The first edition showcased the faculty's activities, students' activities and highlights on enthralling events that happening in the Faculty of Medicine.

We really aspire to strive more and our dedication to ensuring that this Medical Bulletin reaches yet another milestone.

Editor in chief

Dr. Norfaizah Ali

EDITORIAL TEAM

Editor in chief

Dr. Norfaizah Ali

Editor

Ainul Anuar Adam
Nor Fathiah Ahmad Radzi
Rawaidah Rosli
Nur Asilla Hazman

Graphic Designer

Nurull Natassha Murat
Norelliana Ahmad Zubir

FACULTY ACTIVITIES



PROFESSORIAL LECTURE

The Faculty of Medicine began the new year with a Professorial Lecture by Professor Dr Mohamed Fauzi Abdul Rani from the Department of Medicine. This event was held on the 6th January 2021, at Auditorium One, Academic Building, Faculty of Medicine, UiTM Sungai Buloh.

His professorial lecture was titled 'Assessment and Management of Severe Asthma'. This professorial lecture briefly highlighted the recent sciences in the subject of interest, that is severe asthma care, and also the challenges of setting up a similar service in Malaysia because context and adaptation are crucial for a sustainable clinical initiative.

PROFESSORIAL LECTURE

ASSESSMENT AND MANAGEMENT OF SEVERE ASTHMA



Professor Dr. Mohamed Fauzi Abdul Rani provides a short rundown of asthma in general and the extreme asthma form, which many believe could be a distinct phenotype. On severe asthma, he delves on the definition, symptoms and signs, and pathway to a proper diagnosis of the condition.

He added asthmas are similar to any other patient suffering from chronic illnesses and therefore suffering from significant emotional and psychological stress, which is predominant in all degrees of asthma.

It has shown to decrease morbidity and mortality with the provision of specific serious asthma treatment. His lecture also tackled the difficulty of creating an acute asthma service.

The lecture was warmly commended by Prof Dato' Dr Abu Bakar, Prof Dr Sazzli Shahlan Kassim, Prof Dr Rohana Abdul Ghani, Prof Dr Ariza Adnan, Prof Dr Harbindar Jeet Singh and others. This lecture was led and managed by Mr Noor Azhar Md Saad with the support and kind assistance from the administration staff of the faculty.

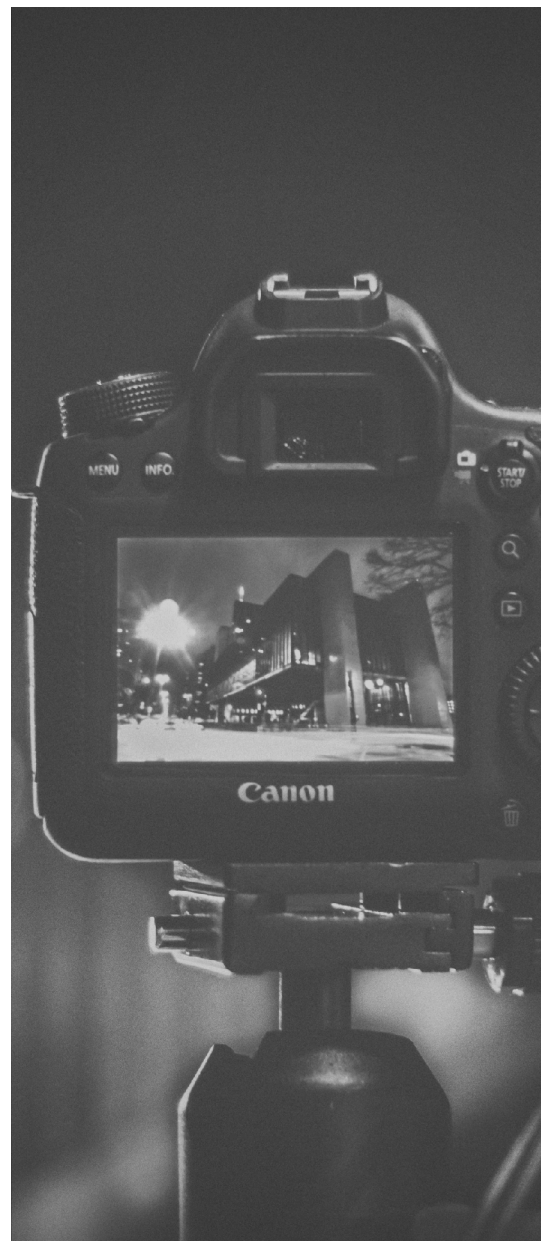


SHORT VIDEO CONTEST

The outbreak of the COVID-19 pandemic declared by the World Health Organization (WHO) as pandemics has affected populations around the world. Various aspects need to be emphasized for addressing the spread of epidemics including aspects of self-reliance. Creativity is one of the spaces to express feelings and also digital work especially video making is one of the mediums of information in conveying awareness during pandemic COVID-19 from a different side.

Online video contests have become a new frontier and way of exploring the generated content. In October 2020, the Corporate Communication Unit of the Faculty of Medicine, UiTM Sungai Buloh organized a COVID-19 themed short video contest. The short video contest (Pertandingan Video Pendek COVID-19: Perkasa Diri) encouraged young people especially students and staff from the Faculty of Medicine and Hospital UiTM Sungai Buloh to showcase their videos highlighting actions to combat this pandemic that currently took place in our country.

COVID-19 PERKASA DIRI





This project was anchored by Nurull Natassha, from the Corporate Communication Unit. The short video contest was jointly organized to broaden the scope of entries and mobilize the global. Working alongside in this contest, a collaboration with Sekreteriat Mahasiswa Fakulti (SMF) was established.

Indirectly this contest would also recognize the importance of communication skills for students as throughout their learning journey, they are constantly called upon to communicate ideas to others. The contest offers an opportunity for the staff and students of the Faculty of Medicine to exercise and improve both verbal communication and presentation skills in a concise manner suitable for a wider audience.

The contest provides students with invaluable experience in communicating ideas related to the content in the sense of electronic media. This project was a way to establish an interrelation network between students and staff within the faculty, hospital and residence in general and specifically for students and staff is to improve their existing skills and talents in implementing the project while building a high personality and discipline. This program can shape participants especially students to be more creative and innovative. Able to upgrade the ideas of students in Malaysia who are capable of the development of multimedia products. In addition, this contest helped to improve the quality of students in the field of multimedia and video production, especially in the free market while building awareness of the new norms.

This contest received an overwhelming 20 entries from both individuals and groups. Videos submitted by the deadline, and meeting all specifications and guidelines, has been screened and posted on the Faculty of Medicine official Youtube channel. The screening process took almost 2 weeks which involved several stage screening and judges has considered each of the finalists' videos and made their decision successfully. With great pleasure, all winners were announced through posting on social media.

FLOOD RELIEF

In September, widespread flooding inundated communities in several states in Malaysia. Homes and vital public infrastructure were destroyed, and livelihoods left in ruins. Two months since the floods, many communities are still struggling to meet even their most basic needs. As part of its emergency response to the natural disaster, the Faculty of Medicine, UiTM Sungai Buloh was offering Flood Relief to ease the burden of individuals who are affected by the floods. This flood relief was initiated by Auxiliary Senior Police, Tuan Khairul Azman Abu Bakar. According to Tuan Azman, one of his officers was highly affected in the Pahang floods, and his house was swept away.

Some of the necessities that are being collected are washing and cleaning equipment, food supplies, clothes, mattresses, towels, blankets, and daily necessities for the use of the elderly, women, children and flood victims in need. With this flood relief program, UiTM hopes to alleviate the burden that they are experiencing. Hopefully, the victims will always take care of the safety of their families during this flood season.





UNIVERSITI TEKNOLOGI MARA
 Fakulti Perubatan

SUMBANGAN BANTUAN BANJIR

Pusat Pengumpulan
 Bilik Gerakan Polis Bantuan, Lobi Fakulti Perubatan
 Universiti Teknologi MARA

Tarikh **15-26**
 Pengumpulan Januari 2021

SUMBANGAN YANG DIPERLUKAN

<p>Barang Keperluan Asas</p>	<ul style="list-style-type: none"> • Beras • Gula • Biskut • Tepung 	<ul style="list-style-type: none"> • Minyak • Sardin • Milo • Teh 	<ul style="list-style-type: none"> • Kopi • Susu • Mee Segera • Pakaian Sekolah 	<ul style="list-style-type: none"> • Lampin Pakai Buang (Dewasa & Bayi) • Lain-lain
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TERIMA KASIH!

KEPADA WARGA FAKULTI

ATAS SUMBANGAN BANTUAN BANJIR

"SESUNGGUHNYA ORANG-ORANG YANG BERSEDEKAH BAIK LELAKI MAHUPUN PEREMPUAN DAN MEMINJAMKAN KEPADA ALLAH PINJAMAN YANG BAIK, NESCAYA AKAN DILIPAT GANDAKAN GANJARANNYA KEPADA MEREKA DAN BAGI MEREKA PAHALA YANG BANYAK." (AL-HADID, AYAT 18)

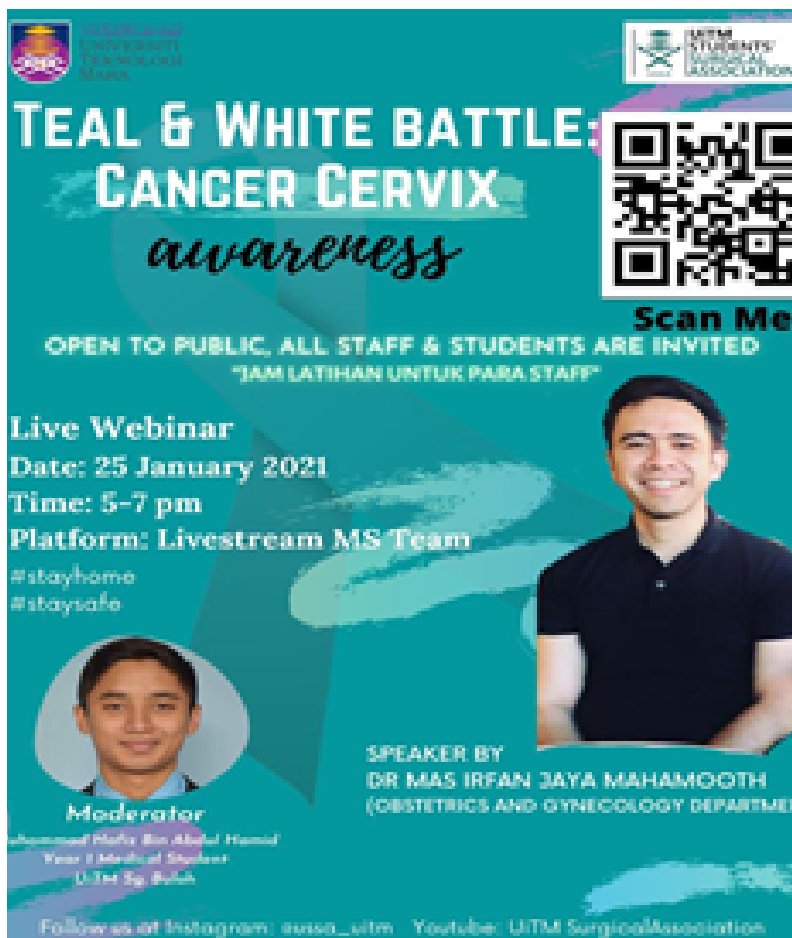
Efforts to collect donations for the first relief mission began in January with a total of almost RM1,900.00. Due to many contributors trying to reach out and joining this initiative, it was extended and a second collection was made. For the second collection, they have managed to collect RM2,100.00 and are being converted into necessities and supplies instead.

However, according to Tuan Azman, the continuing Movement Control Order, which is currently taking effect in all Malaysian states, has had an impact on the help and donation to be given. Tuan Azman's team had some difficulty in obtaining cross-district relief to deliver the contribution. Nevertheless, the noble initiatives and actions are representative of the fact that UiTM is always willing to respond and provide assistance to those in need. The concern of the UiTM community who contribute, with hope the noble efforts of UiTM will continue in bringing the aspirations of UiTM to continue to serve the community in need.

STUDENTS' AGTIVITIES



CANCER AWARENESS



On 25th January 2021, in conjunction with the Cervical Cancer Awareness Month, UiTM Surgical Association (USSA) organised a live webinar entitled Teal and White Battle: Cancer Cervix Awareness. This webinar was conducted with the purpose to raise awareness among the public, students and staffs on cervical cancer.

Dr. Mas Irfan Jaya Mahamooth, a specialist from the Department of Obstetrics and Gynaecology, Faculty of Medicine UiTM was the invited speaker for this webinar. In the webinar, Dr. Mas provided some explanation on pathogenesis, the risk factor, treatment, and the prevention of cervical cancer. According to Dr Mas, in 2020 alone, a total of 1740 new cases have been reported and its annual crude incidence rate is 10 per 100,000. It is the third most common cancer in Malaysia and therefore, it is crucial for us to understand this cancer for us to prevent ourselves from being diagnosed with it.

Being in the middle of a global pandemic is tough but being a student during this challenging period is tougher. Having to adapt to the new norm of the so-called online distance learning (ODL), and not having any friends physically around during classes, might make our surrounding feels a little gloomy. But fret not, even at home, as students, we are still able to join a myriad of activities such as webinars and talks held by each club here in UiTM, Sungai Buloh Campus.

CERVICAL CANCER AWARENESS

UITM STUDENTS SURGICAL ASSOCIATION (USSA)

CERVICAL CANCER AWARENESS

UITM STUDENTS SURGICAL ASSOCIATION
(USSA)

Some of the symptoms of cervical cancer include bleeding between periods or after sex, unexplained back pain, and vaginal discharge. Depending on the stages and the nature of cancer, a different mechanism is being taken into action for the treatment.

Dr. Mas also explained the three main treatments. The first treatment is through surgery where they will remove the whole reproductive system which is the cervix, uterus, and other organs. The next treatment would either be undergoing chemotherapy or radiotherapy depending on the case. Also, one of the most effective ways of preventing cervical cancer is by using the HPV vaccine. The government has established a National School-Based HPV Vaccination Programme where they give out HPV vaccination to high schoolers. Dr. Mas wrapped up his talk by sharing a little bit about his experience while volunteering in Gua Musang where he gave a free pap-smear check-up to almost 450 individuals.

This webinar was moderated by Muhammad Hafiz bin Abdul Hamid, Year 1 student who handled the session successfully with his witty and friendly act. It can be said that this webinar was a huge success as it attracted many attendees and they gained a lot of information and understanding on cervical cancer.

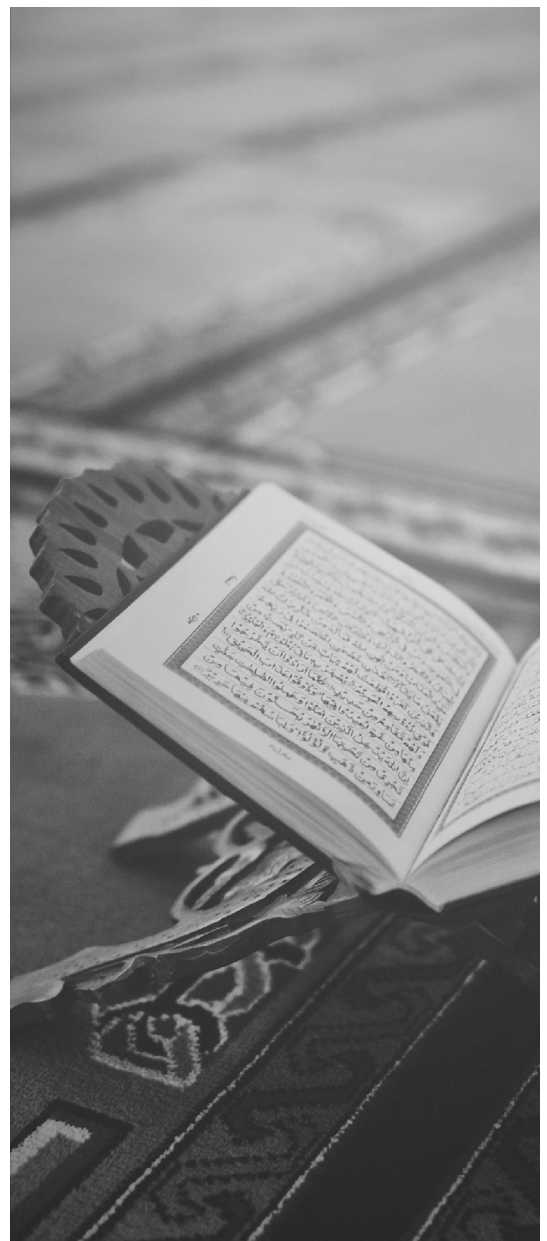


RECITATION OF SURAH YAASIN

Due to the increasing number of positive cases of COVID-19, the government had enforced another Movement Control Order (MCO) throughout Malaysia except for Sarawak. This MCO has restricted events and big gatherings that involve a large crowd. To adhere to that restriction, The Alliance of Insaniah (ALIS) has taken the initiative to organise Yaasin recitations via Google Meet. These sessions are conducted at 7:45 p.m. every Thursday night. Each week, a member of the ALIS will lead the Yaasin recitation. It began on the 2nd January 2021 with the recitation being led by Ariff Norazmi and the following session was led by Ahmad Firdaus Ahmad Tajudin. Each session is about 30 minutes and all students are invited to join the sessions. Despite being physically apart from each other, these Yaasin recitation sessions have provided the students with the opportunity to strengthen the bonds between one another. Through these sessions, it is hoped that our prayers will be heard by the Almighty and with His blessing, the world will go back to before the pandemic.

ALLIANCE OF INSANIAH (ALIS)

RECITATION OF SURAH YAASIN DUE TO
COVID-19



HIGHLIGHTS

A total of 214 final year students of the MBBS 240 program sat for the Professional Clinical Examination of the Bachelor of Medicine and Surgery Program (MBBS 240) on the 1st December 2020.



THE FINAL BATTLE



Seeing the world that is being hit by the COVID-19 pandemic has a huge impact on the physical, emotional, spiritual, intellectual and spiritual aspects of all students when the initial planning has to be changed in relation to the time and format of the exam according to Standard Operating Procedures (SOP) by the Ministry of Health Malaysia (MOH) and the National Security Council. All these rules and procedures must be followed to ensure that all students can sit for the examination in a safe condition. This experience is a new experience not only for students but also for the lecturers and staff of the Faculty of Medicine, UiTM as well.



Video of words of encouragement delivered by our dearest Prime Minister, Tan Sri Muhyiddin Yassin, Datuk Seri Dr Noraini Ahmad (Minister of Higher Education), Prof Dr Mohd Zamrin Dimon (Dean, Faculty of Medicine) and Prof Emeritus Datuk Ir Dr Mohd Azraai Kassim (Vice-Chancellor of UiTM) for all students who sat for the Clinical Examination, somehow helped in instilling motivation among the students to achieve excellent results.

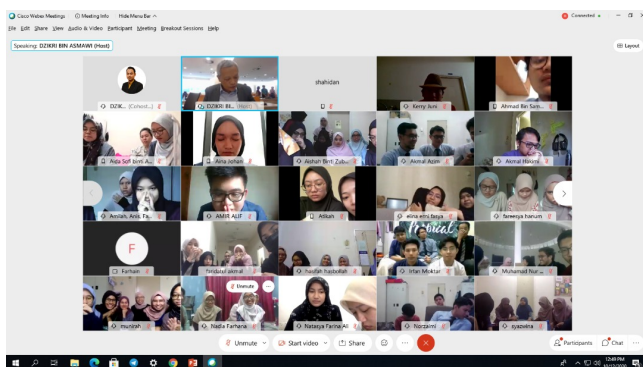


And, of course, this journey is not easy for everyone, particularly when the world is grappling with the pandemic. It is truly understanding the great impact of this situation on one's physical, emotional, spiritual, intellectual and spiritual aspects of all students when the initial planning related to examination time and format had to be changed and adjusted according to the SOP. All these rules and procedures must be followed to ensure that you can all sit for the exam safely. Indeed, this is a new experience not only for students but also for lecturers and staff of the Faculty of Medicine, UiTM.

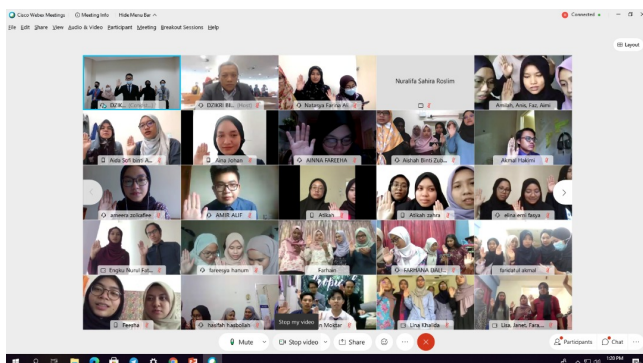


Even so, all students are well prepared to face this examination. Lastly, medical students and prospective doctors should remember that you are all the backbone of health and medical services in this country. All play an important role in planning, implementing and re-evaluating activities and programs related to health and medicine so that the people have effective, good and quality health facilities. In today's era of national and world development when people begin to realize health care and health issues are always the main focus of the government to prosper the country.

RESULTS ANNOUNCEMENT



On 10th December 2020, the Faculty of Medicine UiTM was honouring the results announcement event virtually. This event successfully conducted into a virtual experience as a result of the restrictions caused by the COVID-19 pandemic. The ceremony still has the excitement and shared experience of the live event without breaking any social distancing rules.



Following the Movement Control Order (MCO) which has been announced by the government, Universiti Teknologi MARA (UiTM) responded to the instructions to avoid meetings in public places and comply with all procedures that have been set. Hence that is why this event was successfully conducted through virtual. The decision of the university to announce semester results via the virtual platform to students has been widely welcomed and succeeded.



99.07%

Total percentage of overall
student achievement passed for
Bachelor of Medicine and
Surgery 2020

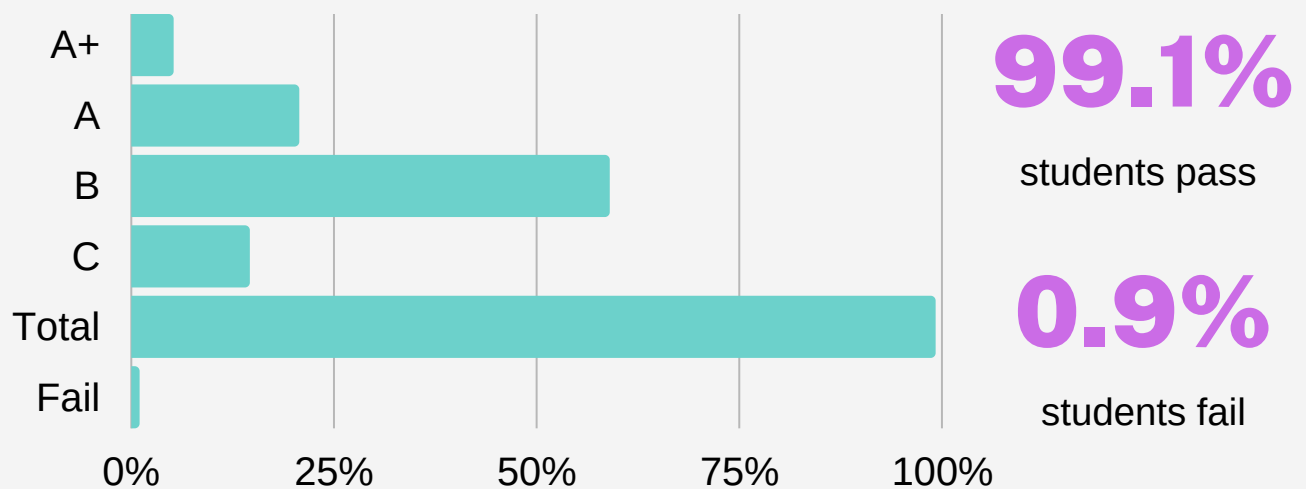
87.79%

Total percentage of overall
student achievement passed for
Bachelor of Medicine and
Surgery 2019

Faculty of Medicine Universiti Teknologi MARA (UiTM), has conducted the Clinical Professional Examination Year 5 Academic Session 2019/2020 at the Main Examination Hall, Level 4 and Communication Skills Laboratory, Level 2, Academic Building, FPR Selayang Campus starting with Paper Theoretical Examination (MCQ I & BAQ I, MCQ II & BAQ II, MEQ I & MEQ II and PBQ I - IV) on 26 & 27 October and 2 & 3 November 2020. Followed by Clinical Examination (OSCE and Case-Based Examination) which was held at the Long Case & Short Case Examination Room, Level 3, Academic Building on 1 - 9 December 2020.

CLINICAL EXAMINATION 2020

Summary of Result Clinical Professional Examination 2019/2020



A total of 214 students are eligible and meet the requirements to sit for the Clinical Professional Examination including three (3) students who repeat the Clinical Professional Examination for the second time as stated in the book Academic Rules of the Faculty of Medicine UiTM.

Two (2) External Examiners appointed by the Faculty of Medicine UiTM. Also present were: YBhg. Prof. Dr. Lai Nai Ming, Pediatric Examiner, YBhg. Prof. Dato' Dr Razman Jarmin, Outer Surgery Examiner.

Factors that might contribute to the increase in the percentage of failures compared to last year

None. There was a reduction in the percentage of failures compared to last year.

Practical and effective improvement measures approved by JAF

Two (2) students who fail are allowed to continue their studies and need to sit for the Clinical Professional Examination (Repetition) (First) as stipulated in the Academic Rules of the Faculty of Medicine UiTM. Additional class schedules and supervisors will be provided to each of these students.



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