



**FACTORS AFFECTING MENTAL HEALTH ISSUES AMONG STUDENT
IN UNIVERSITI TEKNOLOGI MARA KAMPUS BANDARAYA MELAKA**

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DECLARATION OF ORIGINAL WORK



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“DECLARATION OF ORIGINAL WORK”

I, Nor Fazreen binti Nor Zali,

Hereby, declare that:

- This work has not previously accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
- This project-paper is the result of my independent work and investigation, except where otherwise stated
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature:

Date:

ACKNOWLEDGEMENT

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CHAPTER ONE

INTRODUCTION

1.0 Introduction

In this chapter, the researcher will be discussing on background of study, problem statement, research question, research objective, scope of study, significance of study and also the definition of terms that will be used in this research. This research is conducted to study the relationship between family-related, social correlates, academic correlates factors that influencing depression among student.

1.1 Background of Study

Depression is a typical yet genuine mind-set issue that will cause extreme indications that influence how you feel, think, and handle every day exercises, for example, dozing, eating, or working. Everybody feels miserable or low once in a while, however these emotions as a rule take a break. Depression is a state of mind issue that causes severe side effects that influence how you handle every day exercises. To be diagnosed to have depression, side effects must be available the majority of the day, consistently for 2 weeks (National Institute of Mental Health).

It is a mood disorder that will causes a persistent feeling of tireless and loss of interest. It influences how you feel, think and behave and can lead to a variety of emotional and physical issues. It also can lead to trouble doing normal day-to-day activities, and sometimes you may feel as if life is not worth living. Moreover, depression is not a weakness and you cannot simply get out of it. It may require a long-term treatment, but most people suffering with depression feel better with medication,

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