UNIVERSITI TEKNOLOGI MARA

MEDIATION OF BISPHENOL ANALOGS-EXPOSED DEVELOPMENTAL TOXICITY AND MALFORMATIONS WITH PROCYANIDIN-C1 IN ZEBRAFISH EMBRYOS

RAZIF BIN DASIMAN

Thesis submitted in fulfilment of the requirements for the degree of **Doctor of Philosophy** (Physiology)

Faculty of Health Sciences

July 2024

ABSTRACT

Recent research has raised concerns about widespread exposure to bisphenol analogues with structural or functional similarities to bisphenol A (BPA). Due to strict regulations on BPA production and use, various bisphenol analogues such as bisphenol S (BPS), bisphenol F (BPF), and bisphenol AF (BPAF) are increasingly being used to replace BPA in a wide range of applications and industries. Unfortunately, some analogues have similar disruptive physiological and endocrine effects on humans and animals, particularly during the embryonic period, due to their potential toxicity and endocrine disrupting properties. These persistent contaminant activities have the potential to disrupt normal biological functions, rattle developmental patterns, and influence hormonal activity, primarily by altering mechanisms and causing genome mutations. Little is known about its analogues and how they affect embryonic morphology, developmental defects, mitochondrial activity, and related genes. This study sought to determine the effects of Procyanidin-C1 (PCY1) intervention on developmental toxicity and cytoskeletal malformations in zebrafish embryos exposed to bisphenol analogues. Studies have shown that PCY1 neutralises free radicals, protects cells from DNA damage, and reduces the effects of environmental toxins. This study included 300 zebrafish embryos. The zebrafish embryo acute toxicity test (ZFET) was used to assess embryotoxicity. Toxicological endpoints were monitored every 24 hours until 120 hours of exposure. The embryos' heartbeats, morphologies, developmental defects, survivability, and hatchability were all studied. Heartbeats were detected as early as 48 hours after conception. Total RNA was isolated, converted to cDNA, preamplified, and then run through a microfluidic quantitative real-time polymerase chain reaction (qRT-PCR). BioMark Real-Time PCR Analysis Software was used to analyse the genes. The effects of PCY1 intervention in bisphenols-exposed embryos on the expression of apoptotic genes (baxa, bcl2a, casp3a, and tnfa), oxidative stress genes (gpx1a, hiflaa, nrf1, and sod1), mitochondrial energy metabolism genes (etfa, mfn2, opa3, and pink1), cytoskeletal organisation genes (grip2a, klf4, midip1l, and nanog), and growth-related genes (fbp1a, foxn3, hk1, and pepd) were determined. Confocal Laser Scanning Microscopy was used to determine the pixel intensities of mitochondrial activities and ROS levels. This study confirmed that a concentration of 20 nM of BPA, BPS, BPF, and BPAF can cause embryotoxicity and developmental defects as shown by the upregulation and downregulation trends in the expression of selected genes. This study also demonstrated that PCY1 at a concentration of 100 nM can inhibit the toxicity of the investigated bisphenols. However, the efficacy of PCY1 in mitigating the negative effects of bisphenol exposure on embryos varied across different bisphenol types, modes of action, treatment durations, regions of interest, targeted genes, and treatment settings. The findings also showed that the presence of BPA, BPS, BPF, and BPAF reduced mitochondrial distribution and activity while increasing ROS levels in zebrafish embryos. The level of ROS decreased across all PCY1 intervention groups. This finding implies that PCY1 intervention can reduce ROS levels while also protecting embryos from the harmful effects of bisphenols.

ACKNOWLEDGEMENT

Alhamdulillah, gratitude and thanks to Allah, the All-Mighty, for providing the path and opportunities for me to pursue my Ph.D., as well as the perseverance needed to successfully finish this incredibly arduous and meaningful journey. I am grateful to my main supervisor, Associate Professor Dr. Norazmir Md Nor, for his unwavering support, encouragement, and patience in guiding me through this journey. He has taught me the value of perseverance and the ups and downs of a Ph.D. student. I'd like to thank my co-supervisors, Dr. Siti Syairah Mohamad Mutalip and Dr. Zolkapli bin Eshak, for their guidance, acceptance, and willingness to share their new knowledge, expertise and abilities.

Sincere appreciation goes to Associate Professor Dr. Syahida Ahmad, from Danio Assay Laboratories Sdn. Bhd., UPM for her invaluable assistance with zebrafish studies, technical supports, training, and analysis. Also, I'd like to thank Ms. Hong Chia Yean, a geneticist and application specialist at Chemopharm Sdn. Bhd., for her invaluable help and support with the aforementioned molecular works and gene analyses. I am eternally thankful to the Postgraduates and RIG Laboratory staff at UiTM Puncak Alam's Faculty of Health Sciences and the Faculty of Pharmacy for their kind assistance in overcoming obstacles during my time in the lab.

Thank you to my FSK and IMMB lab mates, PGs and colleagues, as well as my mentors for their unwavering support, guidance, assistance, and ideas. My special thanks also go to Dr. Zuli Jaafar and his team for providing the thesis template and assisting with the thesis formatting course series.

This study is dedicated to my mother, for her doa, blessings, loves, and understanding, as well as to my late father, Dasiman bin Lakiman, for his unwavering blessings and support... Al Fatihah. I'd like to give a shout out and thanks to my father and mother-in-law, Suffian Hj Osman and Rapiah Ismail for their endless support, acceptance and encouragement through this journey. My heartfelt and special thanks also go to my siblings and in-law for their support, patience, understanding, and trust in me.

Last but not least, I owe everything to Allah, my loving wife Nur Zahrulliza Suffian, and my dear children Zahra, Solehah, Afnan, and Fahim, who has been my pillars through thick and thin and whose prayers, motivate, support, endless love, understanding, and uprightness have made this all possible. They've seen me through the joys and sorrows of this journey. I know that I would not have been able to wrap up this journey without their moral support, motivation, spiritual guidance, and determination. InshaAllah, to my dear children, you're up next. To the moon and back, thank you.

Syukur alhamdulillah.

TABLE OF CONTENTS

		Page
CON	NFIRMATION BY PANEL OF EXAMINERS	ii
AUT	THOR'S DECLARATION	iii iv v
ABS	STRACT	
ACK	KNOWLEDGEMENT	
TABLE OF CONTENTS		vi
LIST	T OF TABLES	xii xiii xxii
LIST	T OF FIGURES	
LIST	T OF SYMBOLS	
LIST	Γ OF ABBREVIATIONS	xxiv
CHA	APTER 1 INTRODUCTION	1
1.1	Introduction	1
1.2	Problem statement	7
1.3	Research questions	8
1.4	Hypotheses	9
1.5	Objectives	10
	1.5.1 General objective	10
	1.5.2 Specific objectives	10
1.6	Justification of study	11
1.7	Significance of study	12
1.8	Limitations	13
1.9	Scope of study	14
CHA	APTER 2 LITERATURE REVIEW	12
2.1	Introduction	12
2.2	Environmental toxicants	16
2.3	The discovery of Bisphenol A	19

CHAPTER 1 INTRODUCTION

1.1 Introduction

Currently, the production of large quantities of industrial chemicals releases pollutants that provoke our ecosystem to end up causing dangerous imbalances. These imbalances give rise to numerous adverse health effects such as promoting obesity, impairing male fertility, developing cancer, cardiovascular problems, and metabolic diseases (Caserta et al., 2008; Mok-Lin et al., 2010; Kinch et al., 2015; Feroe et al., 2017; Rubin et al., 2017; Encarnação et al., 2019; Mentor, Brunström, et al., 2020). Bisphenol A is one of the listed chemicals concerned. It is the most familiar endocrine-disrupting chemicals (EDCs) worldwide used in plastic and epoxy manufacturing. These plastic materials are used to line food containers and cans made of metal (İyigündoğdu et al., 2020).

EDCs are emitted into the environment from a multitude of sources, including sewage treatment plant effluent, agricultural farm releases, livestock feedlot flushes, waste burning, and manufacturing direct discharges. They have been shown to affect endogenous hormone biosynthesis, secretion, transport, binding action, and metabolism, as well as the activity of some genes. As a result, EDCs have the potential to disrupt organ system regulation, negatively impacting the developmental process, homeostasis, reproduction, growth, and metabolism (Gore et al., 2018; Wee & Aris, 2019; Kassotis et al., 2020; Marlatt et al., 2022).

Consumers worldwide are unwittingly exposed to BPA every day through food and beverage containers, personal care products, medical supplies, and other products. Studies have suggested that BPA might be harmful to human health because of its ability to disrupt normal biological processes, impact endocrine functions, interrupt normal behavioural states, cause DNA damage and alter epigenome profiling (Chioccarelli et al., 2020; Meli et al., 2020). According to recent estimates by Costa