## **Expresso Exchange - Series 1**



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The purposes of this program were to provide postgraduate students with exposure to practical approaches in pharmacy research, encourage academic interactions between students and lecturers, and create a knowledge-sharing platform in a relaxed atmosphere. The objectives of the program were to enhance understanding of current research strategies and promote two ways academic interactions between students and lecturers.

The program began with the first session, titled "Navigating the Pharmacy Practice Research", led by Assoc. Prof. Dr. Mohd Shahezwan Abd. Wahab. This session provided practical insights into conducting pharmacy practice research effectively. Dr. Mohd Shahezwan shared his expertise, addressing common challenges and offering strategies to navigate the complexities of this field.

Following this, the second session, "Postgraduate Journey – Transforming Dreams to Reality", was delivered by Prof. Dr. Kalavathy Ramasamy. This inspirational talk delved into the transformative journey of postgraduate education. Prof. Dr. Kalavathy offered guidance on aligning academic aspirations with personal growth, inspiring attendees to persevere in their academic endeavours.

The final session, "Understanding the Nuances of Qualitative Research", presented by Assoc. Prof. Dr. Shubashini A/P Gnanasan. This session explored intricacies of aualitative research methodologies, highlighting their and applications significance Shubashini's contemporary studies. Dr. enriched the participants' understanding of qualitative research techniques, equipping them with valuable tools for their own research pursuits.



The event concluded with an engaging Q&A segment, allowing participants to interact with the speakers and seek further clarification on the topics discussed. Overall, the event has been a great knowledge-sharing session and provides a good platform for all participants to have a general picture and overview for a research journey. Also, the session serves as a networking system among the students to connect and learn from the experience of others. Taken together, this helps to better prepare all participants in navigating their education path.

The Faculty of Pharmacy extends its gratitude to all the attendees and speakers for making this event a resounding success. It is hoped that participants have benefited from the program and are motivated to excel in their studies. Stay tuned for more enriching sessions in the near future!