



**UNIVERSITI TEKNOLOGI MARA**

**“A STUDY OF TEAMBUILDING PRACTICES:  
A CASE STUDY AT ACADEMIC AFFAIRS DEPARTMENT  
IN MARA UNIVERSITY OF TECHNOLOGY AND WORK  
DEPARTMENT IN ALOR GAJAH”**

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## **ABSRATCT**

Nowadays, many organizations have introduced or apply work team approach in completing their task and achieving their organization's goals. It is important for organization to have best and effective teamwork.

Many organizations are looking into having effective and efficient employees in completing and achieving organization's goals. This is due to be competitive and competence in the global world. The practice of teambuilding is popular among private sectors and little be known in the public sectors. A sample of 40 employees was given the questionnaires. The studies try to find the practices of teambuilding at public organization. Instead of self-administered questionnaires, other methods of research that have been used in this study are data collection and Statical Package for Social Science (SPSS). The finding is hopefully can contribute and help this department in order to increasing employees work performance at the workplace.

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Hopefully this report will further enhance perspective and understanding on concept and relationship between employee empowerment and work performance in the workplace. Lastly I will of course, blame all errors and omissions contained in this report on my self.

## **TABLE OF CONTENTS**

	<b>Page</b>
<b>LETTER OF TRANSMITTAL</b>	i
<b>ACKNOWLEDGEMENTS</b>	iv
<b>TABLE OF CONTENTS</b>	vi
<b>LIST OF FIGURES</b>	xi
<b>LIST OF TABLES</b>	xi
<b>ABSTRACT</b>	xvii

## **CHAPTER 1: INTRODUCTION AND BACKGROUND OF STUDY**

1.1 General Adaptation	1
1.2 Problem statement	5
1.3 Hypothesis	5
1.4 Objectives of study	5
1.5 Scope of Research	6
1.6 Time Frame	6
1.7 Research question	6
1.8 Significant of the Study	6
1.9 Research Methodology	7
1.9.1 Data collection	7
1.9.1.1 Primary data	7
1.9.1.2 Secondary data	7
1.9.2 Questionnaire design	8
1.10 Sampling technique	8
1.11 Procedure for analysis of data	8
1.12 Limitation of study	8
1.12.1 Limited respondents	8
1.12.2 Insufficient sources of data	9
1.12.3 The reliability of data	9
1.12.4 Financial constraint	9