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## **EXTENDED ABSTRACT**

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# THE RELATIONSHIP BETWEEN VOLUNTEER MOTIVATIONS AND INTERPERSONAL SKILLS IN MASS PARTICIPATION SPORTING EVENTS

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## I. INTRODUCTION

Volunteering is a global phenomenon that significantly contributes to social cohesion and community development. Volunteers are motivated by various intrinsic and extrinsic factors [1]. In Malaysia, volunteerism is on the rise, with events like the Shah Alam Half Marathon 2024 providing opportunities for meaningful community engagement [2]. This study addresses this gap by examining how motivational factors influence the development of interpersonal skills among volunteers [3].

## II. METHODS

This quantitative study employed a survey-based design involving 45 volunteers from the Shah Alam Half Marathon 2024. A purposive sampling method was used to collect data through structured questionnaires divided into three sections: demographic profile, volunteer motivation, and interpersonal skills. The data were analyzed using descriptive and inferential statistics with JAMOVI software.

## III. RESULTS AND DISCUSSION

### A. Motivation

The findings revealed that intrinsic factors, such as expression of values ( $4.53 \pm 0.71$ ) and career orientation ( $4.48 \pm 0.76$ ), were the most significant motivators for volunteers.

### B. Interpersonal Skills

The study highlighted strong interpersonal skills among volunteers, with teamwork and relationship-building emerging as key strengths ( $4.24 \pm 0.93$ ).

### C. Interpersonal Skills

A Pearson correlation analysis indicated a strong significant relationship between motivation and interpersonal skills ( $r = 0.89, p < 0.005$ ) (Table 1).

TABLE I  
CORRELATION BETWEEN MOTIVATION AND INTERPERSONAL SKILLS

Interpersonal Skills	Volunteer Motivation	
	Pearson $r$	
$df$		43
Sig (2-tailed)		<0.05
$N$		45

## IV. CONCLUSIONS

This study underscores the critical relationship between motivation and interpersonal skills among volunteers in large-scale events like the Shah Alam Half Marathon 2024. Intrinsic motivators play a pivotal role in fostering effective social interactions and enhancing volunteer experiences.

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