



Healing,
with Poetry

VOICE
of the
Soul

An illustration of a hand holding a blue inkwell with a quill pen. The inkwell is blue and the quill is green. The hand is white and is holding the inkwell from the bottom left. The quill is positioned over the word 'VOICE' in the title.

Volume III



Compilation of Poems:
Universiti Teknologi MARA Cawangan Kedah

Foreword

It is with great honor and enthusiasm that I write the foreword for *Healing With Poetry*, a remarkable anthology curated by our esteemed chief editor and featuring 200 poignant poems. This compilation is a testimony to the profound impact that poetry can have on our emotional and psychological well-being.



In an era marked by extraordinary challenges and rapid change, the healing power of poetry offers a unique and necessary relief. Through the verses of these talented poets, we find a sanctuary where words provide tranquillity and understanding, bridging the gap between individual struggles and collective healing.

The Academy of Language Studies is committed to fostering a deeper appreciation for the literary arts and their therapeutic potential. This anthology embodies our mission, showcasing the talent and creativity within our community and beyond. Let us celebrate the success of the VOS III compilation.

I extend my deepest gratitude to all the poets who contributed their work to this collection, to the dedicated editorial team, and to everyone involved in bringing this project to fruition. Your collective efforts have created a work of enduring value and beauty.

May *Healing With Poetry* inspire, console, and uplift all who read it, reinforcing the timeless truth that through the power of words, we can find healing and hope.

Sincerely,

Azlan Abdul Rahman

Head of the Academy of Language Studies

Preface

It is with great pleasure and pride that I present to you Voice of The Soul Volume III: A poetry compilation with the theme of Healing With Poetry. This volume is a testament to the power of words to heal, comfort, and transform. The 200 poems contained within these pages are diverse in theme and style, yet they are united by a common purpose which is to offer relief and insight during times of struggle and to celebrate the flexibility of the human spirit.



As the chief editor, I have had the honour of curating and refining these works, ensuring that each poem resonates with the theme of healing. This journey has been a deeply enriching experience, allowing me to witness the myriad ways in which poets can articulate pain, joy, hope, and recovery. Each contributor has poured their heart and soul into their verses, creating a tapestry of emotions and reflections that will undoubtedly touch every reader.

This compilation would not have been possible without the unwavering support and collaboration of many individuals. I extend my heartfelt gratitude to our dedicated team of editors, who meticulously reviewed each submission, and to the poets whose bravery and creativity have brought this project to life. Special thanks are also due to our publishing team for their hard work in bringing this volume to fruition.

Healing With Poetry is more than just a collection of poems; it is a journey through the human experience, offering a beacon of light for those navigating the darker times. It is my hope that these poems will provide you with the same comfort and inspiration that they have given me.

Thank you for joining us on this journey of healing and self-discovery.

Warm regards,
Editor- in - Chief
Sharina Sa'ad

Acknowledgement

The production of this poetry compilation, *Healing With Poetry*, has been a collaborative journey filled with inspiration, support, and dedication. I would like to extend my heartfelt gratitude to everyone who has contributed to bringing this project to life.

First and foremost, I thank all the poets who shared their heartfelt words and personal experiences. Your courage and creativity have provided the essence of this collection, transforming pain and healing into powerful verses. I would also like to acknowledge the contributions of the editorial team. Your meticulous attention to detail and dedication to excellence have ensured the highest quality for this collection. Thank you for your hard work and commitment.

To the designers and artists, your creative talents have given this compilation a visual identity that complements and enhances the written word. Thank you for bringing the poetry to life through your beautiful designs.

Lastly, I extend my gratitude to all readers. Your engagement with this collection and your appreciation of the healing power of poetry give purpose to this work. May these poems bring solace, reflection, and inspiration to all who read them.

Voice of The Soul Volume III: A compilation of Poems is published today because of you. Congratulations and Thank You, everyone.

Chief Editor
Sharina Sa'ad

"Poetry is a healing balm for the soul, a way to weave our pain and joy into words that speak to our deepest selves."

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Education



at jól mes
egy tál tiszta vízbe tesszük és fél
meghámozva rakjuk. Több bő
rakjuk üvegekbe. A cukrot
Magyobb üvegekbe

C++ CHRONICLES: A LECTURER'S QUEST

By : Azrina Suhaimi

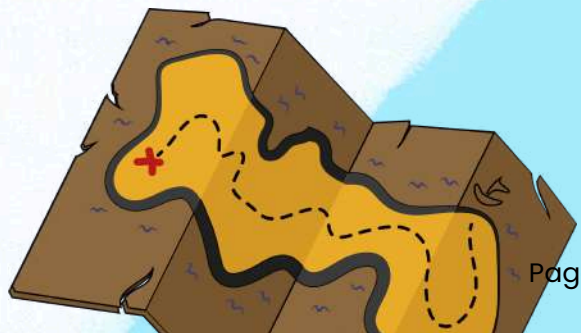
In the heart of the academic forge, I stand
A lecturer in code, with knowledge at hand
Engineering minds, I aim to mold
In the language of C++, bold yet cold

Complex syntax, like a labyrinth vast
Students find hard to grasp, to hold fast
The challenge not just in the code's embrace
But in igniting minds, finding that trace

Some sit silent, detached, apart
Unmoved by the code's intricate art
Exercises given, left untouched, unseen
Apathy in eyes, where curiosity should have been

Discussions open, I extend the floor
Yet echoes meet my efforts, nothing more
But among this disinterest, a flicker, only a slight
A few, they try, with all their might

Their journey slow, progress a crawl
Yet in their eyes, the slightest spark, ring a call
For them, I stand, for them, I stay
Guiding through syntax, through night, through day



I don't want just memorized facts
But explored ideas and curiosity's path
For code is not just lines, not mere text
But solutions, dreams, and worlds to be next

So I plead, dear students, in this technological quest
To dive beyond comfort, to give your best
For in this language, rigid and complex
Lies the power to create, to change, to perplex

Let's break the silence, let's shatter the night
With code, with questions, with curiosity's light
For in this classroom, a future is sown
In the language of C++, a seed is grown

So strive, dear students, for knowledge, for power
In every line of code, in every learning hour
For I am here, not just to teach, but to inspire
In the world of C++, to light your fire

Editorial Team



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Hajjah Sharina Sa'ad
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