DEVELOPMENT OF SERUM STICK USING CURCUMA XANTHORRHIZA (TEMULAWAK) TO RETAIN SKIN YOUTH

MUMTAZATUL MAHFUZAH BINTI MAHADZIR

BACHELOR OF SCIENCE(Hons.) APPLIED CHEMISTRY FACULTY OF APPLIED SCIENCES UNIVERSITI TEKNOLOGI MARA

AUGUST 2024



SUBMISSION FOR EVALUATION FINAL YEAR PROJECT 2 - RESEARCH PROJECT

DEVELOPMENT OF SERUM STICK USING CURCUMA XANTHORRHIZA (TEMULAWAK) TO RETAIN SKIN YOUTH

Name	:	Mumtazatul Mahfuzah binti Mahadzi
Student ID	:	2021459528
Program	:	AS245
Course code	:	FSG671
Mobile Phone	:	
E-mail	:	mumtazatul608@gmail.com

Approval by Main Supervisor :

I certify that the work conducted by the above student is completed and approve this report to be submitted for evaluation.

Supervisor's name	:	Madam Azira Irma Muhammad
Date	:	27 July 2024
Turnitin Similarity %	:	19
Signature	:	

DEVELOPMENT OF SERUM STICK USING CURCUMA XANTHORRHIZA (TEMULAWAK) TO RETAIN SKIN YOUTH

MUMTAZATUL MAHFUZAH BINTI MAHADZIR

Final Year Project Proposal Submitted in Partial Fulfilment of the Requirements for the Degree of Bachelor of Science (Hons.) Applied Sciences In The Faculty of Applied Sciences Universiti Teknologi MARA

AUGUST 2024

ABSTRACT

DEVELOPMENT OF SERUM STICK USING CURCUMA XANTHORRHIZA (TEMULAWAK) TO RETAIN SKIN YOUTH

Incorporation of natural active ingredients like Curcuma xanthorrhiza (C. xanthorrhiza) extract into solid skincare products can offer potential benefits for skin health. C. xanthorrhiza has been widely used for its benefial effects since years ago. The usual conventional route of use is by powder, capsule, lotion and moisturizer. This study investigated the potential of C. xanthorrhiza extract for topical application. The extract was obtained using Soxhlet extraction with ethanol, achieving a yield of 8.84% and 7.47%. The extract exhibited a promising IC50 value of 20.86 ppm, indicating significant antioxidant activity. Additionally, the total phenolic content (TPC) was 45.71 \pm 0.36 mgGAE/g, and the total flavonoid content (TFC) was 30.06 \pm 0.41 mgQE/g, suggesting the presence of potentially beneficial bioactive compounds. A serum stick formulation was developed incorporating the C. xanthorrhiza extract that maintained a slightly acidic pH of 5.018 that aligns with healthy skin's natural pH. This research lays the groundwork for further development of Curcuma xanthorrhiza extract-based topical products with potential antioxidant properties. Future studies could explore the efficacy and safety of the formulated serum stick in clinical trials.

TABLE OF CONTENTS

ABSTRACT	ii
ABSTRAK	iii
ACKNOWLEDGEMENTS	iv
TABLE OF CONTENTS	vi
LIST OF TABLE	ix
LIST OF FIGURES	Х
LIST OF SYMBOLS	xi
LIST OF ABBREVIATIONS	xii

CHAPTER 1 INTRODUCTION		1
1.1	Introduction	1
1.2	Problem statement	3
1.3	Research Questions	4
1.4	Objectives	4
1.5	Significance of study	5

CHAPTER 2 LITERATURE REVIEW		6
2.1	Skincare	6
2.2	Skin aging	8
	2.2.1 Intrinsic factors	9
	2.2.2 Extrinsic factors	9
2.3	Curcuma xanthorrhiza and its properties	11
2.4	Anti-aging properties of Curcuma Xanthorrhiza	12
	2.4.1 Xanthorrhizol	13
	2.4.2 Curcuminoids	14
2.5	Extraction and processing methods for Curcuma Xanthorrhiza	15
	2.5.1 Soxhlet method	16
	2.5.2 Hydrodistillation method	17
	2.5.3 Maceration	18