

**ERGONOMIC AND ANTHROPOMETRIC STUDY IN FURNITURE STYLE
AND DESIGN**

BY

KHAIRUL AIZAT BIN CHEK PI

MOHD YAZID BIN ISTIHAT

ZULKIFLY BIN SHANI

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ABSTRACT

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The most important thing before make a design is the comfortability to user. This is because, to make that all the users get the comfortability when they are using it and realize the important things in designing and making the furniture. It also can be protected the user from injuries causes while they are use it. The causes like blood circulation always happen if the design not suitable for the user. It also to make sure all the user get all comfortability and realize the important things in designing furniture.

Ergonomic is about fit between people, the activities that their carry out the tool they use and the environment that they work and play in. some refer to it as user-centered design. If good fit is achieved, the physical and mental stresses on people are reduced. If not problem such as discomfort, physical injury, errors and reduced effectiveness can result. Ergonomics problems in the workplace are relatively common. The design of workstations, for example, can lead to operators adopting poor posture with excessive bending and or reaching. If tools are in appropriate for badly maintained they maybe damage to muscles or nerves due to vibration or because of the need to exert large forces.