



# *The* **Epitome** */i'pitəmi/*

Academy of Language Studies, UiTM Kedah Branch

*Capturing Life Lessons and Moments*

Volume 1  
Issue 4

# 2024



# Copyright Page

Copyright© 2024 by Academy of Language Studies, Universiti Teknologi MARA (UiTM) Kedah Branch. All rights reserved. No part of this publication may be reproduced, copied, stored in any retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission from the Rector, Universiti Teknologi MARA (UiTM) Kedah Branch, 08400 Merbok, Kedah, Malaysia.

The views, opinions, and technical recommendations expressed by the contributors are entirely their own and do not necessarily reflect the views of the editors, the Faculty or the University.

eISSN 3009 – 0075

Published by:

UiTM Cawangan Kedah,

Pn. Razanawati Nordin, Chief Editor,

UiTM Cawangan Kedah, Kampus Sg. Petani, 08400 Merbok, Kedah

Email address: [razanawati@uitm.edu.my](mailto:razanawati@uitm.edu.my)

Contact No: 044562421

Copy Editor: Ms. Rafidah Binti Amat

& Ms. Nor Asni Syahriza Abu Hassan

Graphic Designer: Mr. Mohd Hamidi Adha Mohd Amin



APB KEDAH : THE EPITOME

# Editorial Board

Advisor



Mr. Azlan Abdul Rahman

Chief Editors



Dr. Nur Syazwanie Mansor



Puan Razanawati Nordin

Managing Editors & Promotion



Puan Sharifah Syakila Syed Shaharuddin

Editors & Content Reviewers



Puan Hajjah Sharina Saad



Puan Phaveena Primsuwan



Puan Samsiah Bidin



Dr. Berlian Nur Morat



Puan Syazliyati Ibrahim



Ustaz Mohd Zulkhairi Abd Hamid



Puan Noor 'Izzati Ahmad Shafiai



Cik Lee Chai Cuen



Mr. Mohd Hamidi Adha Mohd Amin

Secretaries

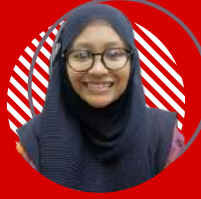


Puan Nor Asni Syahriza Abu Hasan



Puan Mas Aida Abd Rahim

Technical



Puan Rafidah Amat



Puan Khairul Wanis Ahmad

Graphic Designer



Mr. Mohd Hamidi Adha Mohd Amin

Copy Editor



Puan Rafidah Amat



Puan Nor Asni Syahriza Abu Hasan

Special Task



Mr. Muhammad Shyazzwan Ibrahim Brian





# Synopsis



The Academy of Language Studies, Universiti Teknologi MARA (UiTM) Cawangan Kedah is thrilled to announce the release of the fourth edition of its e-magazine, *The Epitome*. This publication represents our steady dedication to cultivating creativity in language and literature.

The primary objective of *THE EPITOME* is to offer a platform for writers, educators, scholars, poets, and researchers can come together to exchange their ideas, discoveries, expertise, and narratives. Our special focus revolves around an array of creative writing genres, encompassing playwriting, short stories, songs, speeches, memoirs, literary journalism, humour writing, lyric essays, innovative essays, and personal essays, with a goal to embrace diverse linguistic expressions, with content available in four languages: English, Bahasa Melayu, Mandarin, and Arabic.





# table of contents:

<b>Scarlet Revelation: Life's Dramatic Canvas</b> by Sharunizam Shaari	41
<b>Second Chance</b> by Nordibradini Selamat	43
<b>Skrip Pesanan Khidmat Awam: Tiada 'Yang Lain'</b> by Aeyneda Zairyn Abdul Jalil	45
<b>The Book That Changed My Life</b> by Nur Anis bt Pauzi	47
<b>The Endocrine Symphony of Life Song</b> by Mohd Izani Othman	48
<b>UiTM di Hati – (1998 – kini)</b> by Evana Kamarudin	49
<b>Understanding and Embracing the Spectrum: The Power of Affirming Language in Supporting the Autism Community</b> by Izza Syahida Abdul Karim, Wan Noor Faaizah Wan Omar, Azyyati Anuar & Azlyn Ahmad Zawawi	51
<b>What Do You Mean Being a Lecturer Is Hard?</b> by Nadiah Zubbir	53
<b>忆北京留学之行篇 Studying in Beijing: Memories of travel</b> by 朱锦芳 Choo Kim Fong	55
<b>月亮之上 Above the Moon</b> by Loh Siaw San	56







# Preface

**Mr. Azlan Abdul Rahman**  
Head of Faculty  
Academy of Language Studies  
UiTM Kedah Branch

Welcome to the fourth issue of *Epitome*, where creativity and imagination shine brightly. Within these pages, you will discover a rich tapestry of voices and visions—each piece a celebration of the limitless potential of words.

This issue of *Epitome* is more than a mere publication; it is a tribute to the art of storytelling in all its forms. Whether you are captivated by evocative poetry, enthralled by engaging short stories, or intrigued by insightful essays, we aim to present something that resonates with every reader.

We are passionate about the transformative power of literature, and we hope that this collection will inspire, challenge, and delight you. As you explore these pages, may you uncover new perspectives and experiences that enrich your own creative journey.

Thank you for embarking on this literary adventure with us.

Happy reading!





# Editor InChief

Dear gentle readers,

Let me welcome you to our fourth edition of e-magazine, where we explore the beauty of life's journey. Our theme, "Capturing Life Lessons and Moments," encourages you to pause, reflect, and celebrate the wisdom that arises from everyday experiences.

Life is a mosaic of moments, each with the potential to teach us something profound, inspire change, or remind us of the surrounding beauty. Within these pages, we have unfolded stories, reflections, and insights that illuminate the lessons woven into the fabric of our lives. From the quiet wisdom found in fleeting moments to the power of life-changing events, this edition pays tribute to the learning that occurs beyond the classroom, in the heart of our daily lives.

Our contributors have poured their hearts into capturing these moments, sharing personal stories that resonate with authenticity and depth. You will find essays exploring the significance of small acts of kindness, articles reflecting on the lessons learned from adversity, and creative pieces celebrating the joy found in simple leisure. Each piece serves as a reminder that life's greatest lessons often emerge from the most unexpected places.

As you flip through this edition, we hope you find inspiration in the shared stories and perhaps discover a mirror to your own experiences. May these pages encourage you to appreciate the moments that shape you, learn from the challenges that test you, and embrace the wisdom that life offers at every step of your journey.

Thank you for joining us in exploring life's lessons and moments. We invite you to take your time, savour each piece, and maybe even gain a new perspective on the experiences that have shaped your own life.

Happy reading!

Warm regards,

**Razanawati Nordin**  
Editor-in-Chief  
THE EPITOME



# UiTM di Hati – (1998 – kini)

**Evana Kamarudin**

Pusat Pengajian Teknologi Makmal Perubatan, Fakulti Sains Kesihatan, UiTM Puncak Alam, Selangor



Mengorak langkah pertama di ITM Shah Alam pada tahun 1998 dengan permulaan minggu Wawasan Siswa, genap seminggu menaiki dan menuruni bukit-bukit di ITM Shah Alam menginap di Seroja, minggu seterusnya mendaftar masuk ke Kolej Beringin di Jalan Klang Lama.



Image source from [kpsk.uitm.edu.my](http://kpsk.uitm.edu.my)

Memulakan pengajian selama tiga tahun mencipta memori di ITM Jalan Othman, menyusuri kawasan perumahan Cina dan menunggu kehadiran bas untuk membawa ke tempat pengajian. PJ Old Town, bumbung hijau, medan selera PJ Old Town menjadi kawasan mencari sumber tenaga setelah habis kuliah dan makmal. Di waktu senja dan dinihari menaiki semula bas ke kawasan Kolej di Jalan Klang Lama. Oh, tidak dilupakan Mamak Chicken 65 di hadapan Kolej Beringin juga menjadi tempat paling mudah untuk membeli makanan. Peliknya pada ketika itu, soal keselamatan terjaga dengan baik, pak 'guard' dan mak 'guard' sentiasa memantau dan memastikan keselamatan dan juga sahsiah pelajar terjaga. Jangan berangan nak pakai baju atas punggung, baju ketat-ketat dan keluar masuk juga dikawal selia dengan rapi. Semasa pengajian, suatu ketika di Stadium Shah Alam, menyaksikan pengumuman dari mantan Perdana Menteri Tun Dr Mahathir Mohamad, ITM telah diisytihar sebagai Universiti Teknologi MARA, UiTM. Maka melangkah masuk sebagai pelajar ITM, melangkah keluar sebagai graduan Universiti Teknologi MARA (UiTM).





Dimudahkan rezeki, tidak sampai sebulan tamat belajar menerima tawaran bekerja, pada masa yang sama dapat juga direzekikan tempat bekerja dan menuntut ilmu di universiti yang sama. Ketika itu, masih merasakan keterujaan untuk memperoleh gaji sendiri, tidak memilih untuk menyambung pengajian. Rezeki Allah itu maha luas, Allah rezekikan peluang untuk menerima biasiswa Tenaga Pengajar Muda (TPM) untuk ke luar negara. Usai siap ke Kem Biro Tata Negara, tapi ditakdirkan bukan rezeki untuk sambung di luar negara, meneruskan pengajian kembali ke UiTM Jalan Othman.

Menamatkan pengajian selama 2 tahun setengah, dan dilantik menjadi pensyarah muda pada tahun 2007. Hari pertama mendapat ijazah sendiri, manakala hari kedua duduk di barisan akademik, melihat graduan lain menerima ijazah. Menjadi pensyarah muda, banyak benda baharu yang dipelajari, bak kata pepatah 'penyapu masih baru' segalanya diterima dan dilaksanakan sebaiknya. Amanat kurikulum 'review' bermula dari 2008 sehingga mendapat peluang menyambung pelajaran di luar negara. UiTM Jalan Othman menjadi saksi, menyiapkan dokumentasi dari awal pagi sambung sehingga keesokkan hari masih berbaju yang sama.

Sesungguhnya UiTM di hati. Pengalaman pertama menaiki kapal terbang bagi penerbangan luar negara, perasaan bercampur baur, gembira, sedih, gementar dan teruja. Syukur dikelilingi saudara-saudara bukan sedarah sedaging tapi perantau yang sama-sama menuntut ilmu. Diuji di tahun akhir pengajian dengan masalah kesihatan, menyebabkan terpaksa menangguhkan pengajian. Walau baru sahaja seminggu 'major operation' sanggup menyempurnakan tanggungjawab untuk membuat penangguhan pengajian, demi memastikan UiTM tidak perlu membayar yuran bagi semester itu. Kerana rasa tanggungjawab, duit yang diperoleh datang dari pembayar cukai iaitu rakyat Malaysia. Alhamdulillah, perjuangan diteruskan dan berjaya menamatkan amanah yang diberikan. Kembali selepas tamat pengajian menjadi wakil OBE semula sehingga kurikulum 'review' yang berasaskan ICGPA. Setelah itu menyambung kembali pengajian di peringkat seterusnya dan kini kembali bertugas seperti biasa di UiTM di hatiku. Jika sistem MYATP dilaksana seawal 2007, semestinya tidak punya masalah untuk tidak cukup jam syarahan. Kini matlamat menjadi pensyarah di UiTM tidak seperti dulu, 'Key Performance Index' (KPI) yang perlu dicapai bukan biasa-biasa dari pengajaran, penyelidikan, inovasi dan jaringan kolaborasi juga khidmat masyarakat.

**Sentiasa bersyukur, UiTM tetap di hati, tempat menuntut ilmu, berkhidmat dan berbakti semula. Moga dikurniakan kesihatan dan kekuatan untuk terus berkhidmat dan berjuang demi anak bangsa. UiTM senantiasa di hati, sehingga Allah mengambil pergi.**





*The*  
**Epitome**  
*/i'pitəmi/*

eISSN 3009-0075



9 773009 007004

