

INDOOR AIR POLLUTION

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ABSTRACT

In our daily life, we always have been exposing to pollution. The pollution is such as noise pollution, water pollution, air pollution and light pollution. Whether realize or not, we are expose to pollution while stay in home, office or school. This type of pollution is known as ‘Indoor Air Pollution’.

This report will discuss about the sources, its effects to human health and the reduction of exposing to the sources. The sources such as radon, environmental tobacco smoke, lead, pesticide and so on and its effects such as irritation to skin, eyes, nose and throat; lung cancer, asthmatic and damage in children growth. The reduction from expose to sources such as provides adequate ventilation, use the product properly and select the building and furniture material carefully.