



Academy of Language Studies, UiTM Cawangan Kedah

We are back! Welcoming the epitome of artistic ideas & astonishing writers!

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# **SYNOPSIS**

The Academy of Language Studies, Universiti Teknologi MARA (UiTM) Cawangan Kedah is thrilled to announce the release of the second edition of its e-magazine, The Epitome. This publication exemplifies our steady dedication to fostering creativity in language and literature.

The primary objective of THE EPITOME is to offer a platform where writers, educators, scholars, poets, and researchers can come together to exchange their ideas, discoveries, expertise, and narratives. Our special focus revolves around an array of creative writing genres, encompassing Playwriting, Short stories, Songs, Speeches, Memoirs, Literary Journalism, Humour writing, Lyric essays, Innovative essays, and Personal essays, with a goal to embrace diverse linguistic expressions, with content available in four languages: English, Bahasa Melayu, Mandarin, and Arabic.

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Every day is learning curves...

Dear Readers,

We are back! We are thrilled to present a collection of articles that we believe capture the essence of the writers. Our team has worked diligently to curate content that we hope will both engage and resonate with you.

In these pages, you will find a diverse range of perspectives on life, from joy to sorrow.We hope these pieces inspire reflection and spark meaningful conversations.

We want to express our deepest gratitude to our talented contributors for their time and expertise. Their dedication is what makes the second issue of Epitome possible.

As always, we value your feedback. Please do not hesitate to reach out with your thoughts and suggestions.

Thank you for being a part of our Epitome community.

Warm regards,

Razanawati Nordin Editor-in-Chief, The Epitome

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# When Something Ends

## Muna Liyana Mohamad Tarmizi

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## What does it mean when something ends?

We tend to find reasons and explanations for every event in life. Because that's how our brain works. When something goes wrong or even right, it makes it easy for us to accept, adapt or eventually move on once we manage to justify stuff.

So, what does it mean when something ends?

I don't know.

I guess, instead of looking at all possible reasons on why certain things turn sour, why can't we just embrace the change? Everything has its own time and limits. And maybe our time with that something has come to an end. Maybe we don't share the same values anymore. Or maybe we don't like that something anymore. Or we're not compatible with each other; hence, putting an end is the best thing that can happen to save us from ourselves. And for whatever reason, God knows all sides of the story, and only He permits things to take place. It's not anyone's fault. We're all grown up and should be better at handling stuff - to see and understand that when something happens, it happens for a reason. People get hurt when they get hurt. And the healthiest way to deal with it is by accepting that things suck. All the time. So when something ends, a relationship, a friendship, a career, etc., it means, there's a need for us to accept reality and change to a new direction.

Little that we know, every ending is a new beginning. At the end of the day, God only wants us to learn to be moderate in everything we do; that includes when we love or hate something. For everything decays except Allah, and Allah alone.





