UNIVERSITI TEKNOLOGI MARA (UITM) SABAH

> ADS 555 APPLIED RESEARCH PROJECT

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"EXPLICATING WOMEN AND THEIR EMOTIONAL INTELLICENCE AT WORKPLACE (WISMA WANITA)"

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This report was submitted to the Faculty Administrative Science and Policy Study, UiTM, Sabah and is accepted as partial fulfillment of the requirement for the subject ADS555,Applied Report Project.

DECLARATION AND COPYRIGHT

We hereby declare that this report is the result of our own investigation, except where otherwise stated. Other sources are acknowledged a bibliography is appended.

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CHAPTER 1

INTRODUCTION

1.1 Introduction

According to Goleman, 1998, Emotional Intelligence can be accept as the capacity for recognizing our own feelings and those for motivating ourselves, and for managing emotions well in ourselves and in our relationships. This form of intelligence is confronted with the purely intellectual intelligence, the one learned at the school, the purely cognitive capabilities measured by IQ tests.

Nowadays, we see that many of women involve in working environment where they also sits in high positions like manager, supervisor and administrator. They need the good emotional intelligence because they have to control their work and maintaining the growth of healthy family. Emotional intelligence can be measured by two categories of skills whereas personal skill, focus in how to manage ourselves and the other one is social skills in how to manage other people.

This study is to study the understanding on emotional intelligence that effect women in controlling their selves and their subordinate also to look whether women emotional intelligence can relate to their life control and monitor in career and family relationship.

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1.2 Problem Statement

In our daily life we are facing situations that need us to think and act on what to be decided and how to decide. All of our decision also influence by our emotional. When discuss on emotional people always said that women always influence by their emotional compared to men.

Basically, women have many obligations in their daily life. They are press in pressure when make decision because of their position in life such an employee, employer, wife and mother. Research made Landau, 1996; Eagly, Karau & Makhijani, 1992, 1995; Ragins; 1991 result in leadership performance has found evidence to suggest that males and females differ in their leadership and decision making effectiveness. Therefore here, there is a need to us to be more specific in understanding whether the emotional intelligence really affected women at workplace and how they use their in work competencies.