# LEGISLATIVE CONTROL OF PSYCHOTROPIC SUBSTANCES IN PRIVATE CLINICS: A STUDY ON THE EXISTING LAWS IN MALAYSIA

By

Arnie bt. Fadzilah (2007411232) Umikalsom bt. Ibrahim (2007411246) Maria Nazura bt. Md. Nasir (2007411228)

Submitted in Partial Fulfilment of the Requirements for the Master of Enforcement Law

Universiti Teknologi MARA Faculty of Law

January 2009

The students/authors confirm that the work submitted is their own and that appropriate credit has been given where reference has been made to the work of others.

### ACKNOWLEDGEMENT

All the praise and admiration for Allah, the Almighty, Beneficial and the most Merciful, who has enabled us to submit this thesis.

This research paper has been carried out by a team of three members i.e Arnie Fadzilah, Umikalsom Ibrahim and Maria Nazura Md. Nasir.

Our thanks and upmost appreciation goes to our thesis supervisor, Associate Professor Norha Abu Hanifah who has been very helpful in providing us intellectual guidance and sincerely helped us throughout our studies. This work would not have been possible without the support and encouragement from her. We also would like to extend our utmost gratitude and thank all the lecturers of MEL 07/08 for their support and sharing knowledge during our study. We also would like to mention our kind appreciation to all staff in the Faculty of Law for their assistance and help during the research.

Thanks also to the Pharmaceutical Services Division and all agencies involved for their cooperation, information and consent given to us to use their data and equipment in completing our research. We would also like to thank the Public Service Department of Malaysia and the Ministry of Health for the award of the *Hadiah Latihan Persekutuan* (HLP) Scholarship, which has supported us during our one and half years of study.

A special thanks and appreciation for our parents and family for their kind understanding and constant support, without which we will not be able to sustain till the end of the course. It is to them that we dedicate this work.

Last but not least, our thanks go to fellow classmates of MEL 07/08 for "being there" for the last one and half years of our study.

### **ABSTRACT**

In Malaysia, the abuse of psychotropic substances in private clinics is of concern unless strict controls are imposed because it can create more drug problems and it will show a bad image of the country. Abuse of psychotropic substances occurs when the medical practitioners are found involved in unlawful practices such as supply not for medical treatment, failure to maintain records and not having a proper storage. Even though legislations and enforcement programs exist, the problem persists. Enforcement of the laws by the relevant authorities is still inadequate to curb the problems. This research project is set out to examine the existing laws, which relates to the psychotropic substances in order to determine whether it is adequate to control abuse of psychotropic substances in the private clinics. It highlights the reasons of inadequacy of the relevant authorities in controlling the psychotropic substances in private clinics. This research uses the qualitative research methodology. Information is gathered from Law Journals, Law Reports, articles, books and semi-structured interviews. Through the research, it can be found that weaknesses of the enforcement are the main factor contributing to the problem of abuse of psychotropic substances in private clinics in Malaysia. The existing legislation is able to control the substances; however, improvement should be done such as in the definition of terms and the punishment imposed. Thus, there is a need to improve the laws, the enforcement approaches and the practices of medical practitioner in handling the psychotropic substances.

## TABLE OF CONTENTS

Acknowledgement Abstract Contents List of Abbreviations Glossary		ii iii iv viii ix
СНА	PTER ONE: INTRODUCTION	
1.0	Background	1
1.1	Problem Statement	5
1.2	Objectives of Study	7
1.3	Methodology	7
1.4	Scope and Limitation of the Study	8
1.5	Significance of the Study	8 9
1.6 1.7	Distribution of Chapters Conclusion	10
СНА	PTER TWO: RELATED STUDIES ON PSYCHOTROPIC SUBSTANCES IN PRIVATE CLINICS	
2.0	Introduction	11
2.1	Definition of Terms	11
	2.1.1 Psychotropic Substances	11
	2.1.2 Private Clinic	12
2.2	Description of Psychotropic Substances	13
	2.2.1 Uses of Psychotropic Substances	13
	2.2.2 Types of Psychotropic Substances	14
	2.2.2.1 Depressants	14
	2.2.2.2 Stimulants	15
2.2	2.2.2.3 Hallucinogens	15
2.3	Legislative Control  2.3.1 The Legal Franciscular of Psychotronic Substances in Private	16
	2.3.1 The Legal Framework of Psychotropic Substances in Private Clinics	17
	2.3.2 Enforcement	19
2.4	Liabilities of Medical Practitioners in Private Clinics	21
۷. ۱	2.4.1 Medical Negligence	22
	2.4.2 Malpractice of Medical Practitioners	24
2.5	Implications on Abuse of Psychotropic Substances	27
	2.5.1 Health, Physical and Psychological Damage	27

### CHAPTER ONE

### INTRODUCTION

#### 1.0 BACKGROUND

According to the speech by the former Minister of Health Malaysia in the First Malaysian Conference on Addiction Medicine, Dato' Dr. Chua Soi Lek, the substance abuse situation in our country is quite worrying. Despite the Government spending up to RM50 million a year on its drug rehabilitation programme at 28 government-run drug rehabilitation centres throughout the country, the number of drug addicts reported each year has not shown any signs of abating. In fact, anecdotal reports claim that up to 70% of drug users who left the centres went back to drugs again. Substance abuse refers to the harmful or hazardous use of psychotropic substances, alcohol and illicit drugs.<sup>2</sup>

In rehabilitation centres, suspected or certified drug addicts could undergo examination, detection, detoxification, counselling, vocational, physical restoration, moral and civic education, agricultural and training under one roof. <sup>3</sup> Officers and staffs placed in these one-stop centres comprise of social workers, psychologists, medical officers, religious teachers and many other supporting agencies. These centres help take away the elements of addiction by severing the demand for drugs when drug addicts are confined for treatment. Compulsory residential treatment and rehabilitation present an important mean to stabilize the chaotic lifestyle of many drug addicts.<sup>4</sup>

The First Malaysian Conference on Addiction Medicine, Grand Plaza Park Royal Hotel Kuala Lumpur, 2 October 2004

Anon, "Substance Abuse", available at <a href="www.who.int/topics/substance\_abuse/en/">www.who.int/topics/substance\_abuse/en/</a>, accessed on 25 August 2008

Assoc. Prof Dr. Abdul Rani Bin Kamaruddin, "Drug Dependants and Rehabilitation: From the Cold Turkey to the Harm Keduction Approach", The Malaysian Law Journal Articles, [2007] 3 MLJA 66

<sup>&</sup>lt;sup>4</sup> Ibid