



**RESEARCH ON FACTORS THAT CONTRIBUTE TO  
EMPLOYEES AWARENESS ON OFFICE ERGONOMICS AT  
PERMODALAN NASIONAL BERHAD**

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## DECLARATION OF ORIGINAL WORK



**BACHELOR OF BUSINESS ADMINISTRATION (HONS)  
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MELAKA CITY CAMPUS**

I, NORHIDAYAH BINTI ROSELI, (I/C Number : 860103-07-5284)

Hereby, declare that,

- This work has not previously been accepted in substance for any degree, locally or overseas and is not being concurrently submitted for this degree or and other degrees.
- This project paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## LETTER OF SUBMISSION

May 7 , 2010

En. Helmy Fadlisham B. Abu Hasan

Faculty of Business Management

Universiti Teknologi MARA

Melaka City Campus

Melaka Bandaraya Bersejarah.

Dear Sir,

### SUBMISSION OF RESEARCH PAPER

Attached is the project paper titled “**RESEARCH ON FACTORS THAT CONTRIBUTE TO EMPLOYEES AWARENESS ON OFFICE ERGONOMIC AT PERMODALAN NASIONAL BERHAD**” to fulfill the requirement as needed by the faculty of Business Management, Universiti Teknologi MARA.

Thank you.

Yours sincerely,

**NORHIDAYAH BINTI ROSELI**

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Bachelor of Business Administration (Hons) Human Resource Management

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## **ABSTRACT**

Office ergonomics is important because with the correct workstation setup we can be more productive, efficient, and best of all minimize the risk of acquiring a Musculoskeletal Disorder (MSD) that can be painful and burdensome. The purpose of this research is to examine the factors that contribute to employees' awareness on office ergonomics at Permodalan Nasional Berhad. The strongest factors that contribute to employees awareness were identified which are training, knowledge and employer commitment. Descriptive study has been conducted to find out the real factors or causes to the problems and past researcher literature were being benchmarking in order to conduct this study successfully. 125 questionnaires have been distributed among employees.

As a result shows that the most factors that influence the dependent variable which are training and knowledge. This research also illustrates several recommendations for management and employer on how to increase employees' awareness on office ergonomic and also to help the company to reduce their medical bills in a long term and provide safety and health environment towards their employees.

**Keywords:** Employees Awareness on Office Ergonomic, Training, Knowledge, Employer Commitment

**Research Type:** Research Paper

**Company:** Permodalan Nasional Berhad