UNIVERSITI TEKNOLOGI MARA

VARIATION OF CHOROIDAL THICKNESS WITH REFRACTIVE ERROR AS MEASURED BY OPTICAL COHERENCE TOMOGRAPHY

NORAZWANIE BT AZIMI

Project submitted in fulfillment of the requirements

for the degree of

Bachelor (Hons.) of Optometry

Faculty of Health Sciences

AUTHOR'S DECLARATION

I declare that the work in this dissertation was carried out in accordance with the regulation of

Universiti Teknologi MARA. It is original and is the results of my own work, unless otherwise

indicated or acknowledge as reference work. This topic has not been submitted to any academic

institution or non-academic institution for any degree or qualification. In the event that my

dissertation be found to violate the conditions mentioned above, I voluntarily waive the right of

the conferment of my degree and agree be subjected to the disciplinary rules and regulations of

Universiti Teknologi MARA.

Name of candidate : Norazwanie bt Azimi

Student ID :2011847822

Programme : Bachelor of Optometry (Hons)

Faculty : Health Science

Research Title : Variation of Choroidal Thickness with Refractive Error As Measured By

Optical Coherence Tomography

Date : July 2015

ii

TABLE OF CONTENT

TITLE PAGE	i
AUTHOR'S DECLARATION	ii
ACKNOWLEDGEMENT	iii
TABLE OF CONTENT	iv
LIST OF TABLES	vi
LIST OF ABBREVIATION	vii
LIST OF SYMBOLS	viii
ABSTRACT	ix
ABSTRAK	X
CHAPTER 1 INTRODUCTION	
1.1 Background of Study	1
1.2 Problem Statement	2
1.3 Purpose of the Study	3
1.4 Research question	3
CHAPTER 2 LITERATURE REVIEW	
2.1 Histology of Choroid	4
2.2 Functions of Choroid	5
2.3 Choroidal Thickness in Animal Study	5
2.4 Variation of Choroidal Thickness	7
2.4.1 Age	7
2.4.2 Refractive error	8
2.4.2.1 Myopia	8
2.4.2.2 Amblyopia	9

CHAPTER 3	METHODOLOGY	
3.1 Summary of The Literature		11
3.2 Problem Formulation		11
3.3 Description	of Methods Used in This Review	12
3.4 Criteria for I	Inclusion and Exclusion of Studies in The Review	12
3.4.1 Ty	pes of Studies	12
3.4.2 Ty	pes of Participant	13
3.4.3 Ty	pes of Outcome Measure	13
3.4.2 Types of Intervention		13
3.5 Search Strate	egy for Identification of Relevant Studies	13
CHAPTER 4 4.1 Choroidal Ti	RESULTS nickness Changes with Refractive Error in Human Study	14
4.2 Summary of	f Studies Included in The Review	25
CHAPTER 5	DISCUSSION	27
CHAPTER 6	CONCLUSION & RECOMMENDATION	
6.1 Conclusion		29
6.2 Recommend	ation	30
REFERENCES		31
APPENDICES		
Appendix A	List of Journals	41
Appendix B	Poster Presentation	42

ABSTRACT

The primary objective of this study was to examine the differences in choroidal thickness with refractive error as measured with optical coherence tomography by conducting a systematic review of the literature which included published research conducted from 2009 to 2014. The first step of the review was developing an answerable question to address the problem. In this review the question was formulated using the PICO framework, which defines population (P), intervention (I), comparison (C) and outcome (O) respectively. The population (P) in this study was adult or children, the intervention (I) was studies that used optical coherence tomography in the measurement while the outcome (O) was choroidal thickness. There was no comparison (C) done in this review as it was not necessary. Previous studies on myopic eyes showed reduced in choroidal thickness. Meanwhile, previous studies performed in the hyperopic anisometropic amblyopic eyes found increment in the choroidal thickness as compared to the fellow eyes and the control eyes. Based on previous researches, there were consistent reports with the correlation between thickness of the choroid and refractive error. In addition, highly myopic eyeballs correlated with choroidal thinning. Studies agreed that thinning of choroid is observed in the more myopic eyes compared to the non-myopic eyes. Studies also supported the association between choroidal thickness changes with refractive error. In conclusion, there was association between choroidal thickness changes with refractive error.

Keywords: choroidal thickness, refractive error, Optical Coherence Tomography, amblyopia, myopia and hyperopia.