

**UNIVERSITI TEKNOLOGI MARA**

**STUDY ON THE PERCEPTION AND KNOWLEDGE  
OF SEXUAL HEALTH AMONG ADOLESCENTS IN  
UiTM PUNCAK ALAM**

**NUR HAZLIZAT BINTI HASHIM**

**Dissertation submitted in partial fulfillment of the requirements for the  
degree of Bachelor of Pharmacy (Hons.)**

Faculty of Pharmacy

November 2010

## APPROVAL SHEET

I hereby recommend that the thesis prepared under my supervision by Nur Hazlizat Binti Hashim entitled Study On The Perception And Knowledge Of Sexual Health Among Adolescents In UiTM Puncak Alam be accepted in partial fulfillment of the requirements for the degree of Bachelor of Pharmacy from the Faculty of Pharmacy, UiTM.

.....

(Date)

.....

(Ms Siti Syairah Binti Mohd Mutalip)

Main supervisor

.....

(Date)

.....

(Prof. Dr. Aishah Adam)

Dean of Faculty of Pharmacy, UiTM

## ACKNOWLEDGEMENT

With all gratitude to Allah S.W.T gave me the ideas and physical strength in preparing this dissertation. To complete this dissertation, it requires more than just the efforts of me. I wish to express deep thanks to various people who had provided me with useful and helpful assistance. Without their care and consideration, this report would less likely to be developed.

First of all, I would like to express my appreciation and acknowledgment to my project supervisor, Ms. Siti Syairah Mohd Mutalip who has given me a lot of support and useful advice in order to finish this research project. I would also want to thanks her for useful comment and suggestions and her willingness to provide thoughtful criticism that made my project a success.

Special acknowledgement is made for the valuable suggestions and helped given by Ms. Ruzianisra Mohamed as the coordinator of Research Instrumentation for the final year project. Besides, a gratitude to Prof. Dr. Aishah Adam, the Dean of Faculty of Pharmacy for her never-ending support throughout the completion of my project and for her approval for this project.

Last but not least, my warmest thanks to my beloved family especially to my father and mother who always give their full support, encouragement and love.

# TABLE OF CONTENTS

	<b>Page</b>
<b>TITLE PAGE</b>	
<b>APPROVAL</b>	
<b>ACKNOWLEDGEMENTS</b>	ii
<b>TABLE OF CONTENTS</b>	iii
<b>LIST OF TABLES</b>	v
<b>LIST OF FIGURES</b>	vi
<b>LIST OF ABBREVIATIONS</b>	vii
<b>ABSTRACT</b>	viii
<b>CHAPTER ONE (INTRODUCTION)</b>	1
1.1 Significance of study	1
1.2 Scope of research	1
1.3 Objective	2
1.4 Hypothesis	2
<b>CHAPTER TWO (LITERATURE REVIEW)</b>	3
2.1 Social problems among teenagers in Malaysia	3
2.1.1 Rape	3
2.1.2 Illegitimate child	5
2.1.3 Baby dumping	6
2.2 Factor contributes to baby dumping	9
2.2.1 Lack of religion understands	9
2.2.2 Influence from mass media	9
2.2.3 Marriage's difficulty	9
2.2.4 No parental control	10
2.2.5 The collapse of family institution	10
2.3 Effects of baby dumping	10
2.3.1 Effects on individual	10
2.3.2 Effects on family	11
2.3.3 Effects on society	11
2.3.4 Effects to the country	12
2.4 Solution	12
2.4.1 Sex education	12

## **ABSTRACT**

Social problems among Malaysian teenagers in the current day are very worrying. Some of the social problems include crime, violence, drug abuse, adultery, rapes, baby dumping and others. However, baby dumping issues are recently become the major concern among publics since the rates of the cases are rapidly increasing. Some argued that this problem arise due to weak knowledge of sexual health among teenagers. Thus, there is an idea proposed by the government to include the sexual education module in the school's syllabus. Therefore, this research is designed in purpose to gain information on the level of knowledge among adolescents (fresh school leavers) about sexual health. This involves the distribution of questionnaires among fresh school leavers' students in University Institute Technology MARA (UiTM). Obtained data were analyzed by using SPSS Version 16. An overall observation from the results concluded that, 14.5% of the respondents are not aware of what sexual health really means and do not having enough information about sexual education. Even though the idea of implementation of sexual health education in school has been quite controversial, however it might be the best solution in solving the rapidly increasing social-related problems in the current days.