



**THE PROVENANCE OF STRESS AMONG  
EMPLOYEE IN HOSPITAL SULTANAH**

**AMINAH, JOHOR BAHRU**

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**2015102333**

**BACHELOR OF BUSINESS ADMINISTRATION**

**WITH HONORS (INTERNATIONAL BUSINESS)**

**FACULTY OF BUSINESS AND MANAGEMENT**

**UNIVERSITI TEKNOLOGI MARA (UiTM)**

**CAWANGAN MELAKA, KAMPUS BANDARAYA MELAKA**

**JANUARY 2018**

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**Submitted in Partial Fulfillment of the  
Requirement for the  
Bachelor of Business Administration with Honors (International Business)**

**BACHELOR OF BUSINESS ADMINISTRATION  
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FACULTY OF BUSINESS AND MANAGEMENT  
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**JANUARY 2018**

## **DECLARATION OF ORIGINAL WORK**



**BACHELOR OF BUSINESS ADMINISTRATION  
WITH HONOURS (INTERNATIONAL BUSINESS)  
FACULTY OF BUSINESS AND MANAGEMENT  
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"DECLARATION OF ORIGINAL WORK"**

I, NURUL AZWA EZZUREN BINTI ZULKIFLI, (I/C Number: 941022-01-5612)

Hereby, declare that:

- This work has not previously been accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
- This project-paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## LETTER OF SUBMISSION

12 December 2017

Nurul Azwa Ezzuren Binti Zulkifli  
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The Dean  
Faculty of Business and Management,  
Universiti Teknologi MARA (UiTM),  
Malacca City Campus,  
75300 Melaka Bandaraya Bersejarah.

Dear Sir/ Madam,

### **SUBMISSION OF PROJECT PAPER (BM246)**

Attached is the project paper titled “**THE PROVENANCE OF STRESS AMONG EMPLOYEE IN HOSPITAL SULTANAH AMINAH, JOHOR BAHRU**” for your kind evaluation as required by the Faculty of Business Management, Universiti Teknologi MARA, Cawangan Melaka, Kampus Bandaraya Melaka.

Your kindness in accepting the unbounded thesis is very much appreciated.

Thank You.

Yours sincerely,

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NURUL AZWA EZZUREN BINTI ZULKIFLI  
2015102333

## **ABSTRACT**

This study aims to explore the reasons for stress among representatives in government hospitals which is in Sultanah Aminah Hospital, Johor Bahru. Work assumes a focal part in the lives of many individuals and hence the effect of work related anxiety is a vital issue both for singular representatives and the associations in which they work. Stress experienced at work can have adverse results for the prosperity of individual employees and association as entirety. The present study plans to research the reasons for stress among representatives in government healing facilities which is Sultanah Aminah Hospital, Johor Bahru. Hospital work stress is a nosocomial anxiety described by stressors like work over-burden, under staffing, utilization of repetitive hardware, poor advancement, poor administrative association with staff, poor workplace, unnecessary or delayed working hours and numerous others. This investigation sought to decide the provenance of work stress among medicinal services labourers in Sultanah Aminah Hospital, Johor Bahru. Information was gathered using primary and secondary source. 150 surveys were managed through convenient sampling. The findings of this study will be measured using Statistical Package for the Social Science (SPSS) with descriptive analysis, reliability analysis, pearson correlation analysis and multiple regression. The objective of this study is to measures the relationship between job enrichment, facilities and job satisfaction with provenance of stress among workers in Sultanah Aminah Hospital, Johor Bahru.