

THE USE OF IMMATURE RETICULOCYTE FRACTION AS A TOOL FOR CLASSIFICATION OF ANEMIA

By

BAKHTIAR ZAMILI BIN SAZALI

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DECLARATION

"I hereby declare that this thesis is my original work and has not been submitted previously or currently for any other degree at UiTM or any other institutions."

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(BAKHTIAR ZAMILI BIN SAZALI)

INTELLECTUAL PROPERTIES

PROJECTTHE USE OF IMMATURE RETICULOCYTE FRACTION AS A**TITLE**:TOOL FOR CLASSIFICATION OF ANEMIA

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The roots of the Faculty date back since 1996, when it was founded and placed under the Faculty of Applied Sciences. Several diploma courses were offered during this period of time. The separation with the Faculty of Applied Sciences and the inception of the Medical Degree at UiTM led to the restructuring of the faculty. In 2002, the Faculty of Medicine and the Faculty of Health Sciences agreed to merge, though this union was short-lived. New age for the Faculty of Health Sciences (Fakulti Sains Kesihatan, FSK) began in 2004, when it was re-established as a single institution and to date, more than 40 academic programs were offered and the number continues hence reflecting FSK as an institution having one of the most comprehensive health science programs in the country.

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Agreed by :

DR EMIDA MOHAMED

NRIC : 690602-01-5914 FSK UiTM

*number co-researcher can be added

DR SITIZUBAIDAH MUSTAPHA NRIC : 760306-14-5846 HTAR, Klang

*co-researcher can be the student who executes the research work or the appointed co-supervisor(s) by the main supervisor.

ABSTRACT

Anemia is a blood disorder and the major source of morbidity which is related to impaired oxygen delivery, decrease exercise tolerance and reduce the quality of life in older adults. It can be characterized based on the routine hematological parameter from full blood count test followed by differential diagnosis. However, differential diagnosis incur extra cost and time. The present study aims to look into the possibility of using an additional parameter called immature reticulocyte fraction (IRF) to further refine the classification of anemia prior to differential diagnosis. Data collection performed in Hospital Tengku Ampuan Rahimah (Klang) based on the full blood picture report from November 2015 till December 2015 were analyzed. The data were obtained from four groups of anemia patients consisting of anemia in pregnancy, beta thalassemia, hereditary spherocytosis and iron deficiency anemia. The hematological parameters tested were hemoglobin, total red blood cell, hematocrit, reticulocyte and immature reticulocyte fraction. The correlation between IRF and the other hematological parameters was studied. IRF was correlated to all tested parameters for the beta thalassemia group and do not have any correlation for the group of anemia in pregnancy. Hereditary spherocytosis showed correlation between IRF and red blood cell while iron deficiency anemia showed correlation between IRF and all the hematological parameter except red blood cell. Among the hematological parameter tested, only hemoglobin, hematocrit and red blood cell have significantly different mean value among the anemia group tested. Hence, IRF cannot be used for classification of anemia. Instead, hemoglobin, red blood cell, and hematocrit may have better potential to be used as additional tools for differentiation of the different groups of anemia.

Keywords: anemia, immature reticulocyte fraction, full blood picture