Studies and interest on human behaviour in relation to halal industry have been increasing over the recent years. Drawing upon a social psychology theory, Theory Planned Behaviour (TPB) developed and congruity theory were employed as theoretical foundation for developing the present conceptual model. This thesis initially conceptualises key psychological factors that could predict and explain purchase’s attitude. The data for this research were collected from 470 respondents who are user and non-user of halal skin care products in Klang Valley via drop off and collect survey technique. This research has shed new light in better understanding of the existing knowledge by incorporating relevant constructs as the predictors of attitude such as, spiritual intelligence, spiritual congruence, product image and product involvement. The significance of this study lies in the fact that, it attempts to identify and empirically investigate the predictors of attitude among the users and non-users. Subsequently, examines the predictors of intention such as attitude, subjective norm, and perceived behaviour control in a halal skin care products (compliance with Muslim Shariah requirement) context. Structural Equation Modeling (SEM) was utilised to test the hypothesised relationships among the constructs, as postulated in the research model. The results from hypothesis testing show that twelve hypothesised links were supported and two were not supported. With some minor modification, a plausible model that has a statistical and explanatory power for interpretation of results was confidently established. The findings from this study could offer several major contributions to the marketing and behaviour theory as well as to the marketing practitioners. Initially, spiritual intelligence and spiritual congruence have a positive significant effect on attitude and influences continuous to purchase halal skin care products for users, but not for non-users. Consequently, product image is the most influential predictor’s of attitude and has positive significant influence in intention to purchase halal skin care products for non-users, and spiritual intelligence for users’ respondent. Finally, it was revealed that product involvement found to be a significant predictor of attitude towards purchasing halal skin care products for both users and non-users. In terms of the predictors of intention on purchasing halal skin care products, the results delineate several interesting findings. Primarily, attitude, subjective norms and perceived behaviour control have positive significant effect in influencing user and non-users to continuous to purchase and intention to purchase halal skin care products. The research unveils four new links namely for users, spiritual intelligence, spiritual congruence (that have not been examined empirically by previous research), product image and product involvement. On the other hand, for the non-users, product image and product involvement seems to be significant predictors of intention to purchase halal skin care products. Notably, the research has also developed and validated a new measure scale of spiritual intelligence particularly in halal skin care products. These findings form part of the strategic recommendations to marketing strategy in the face of understanding purchaser attitude and behavioural intention which has established an empirical foundation for future research.

A research reported that the ratio of engaged employees in Saudi Arabia is lesser than the world’s average rate, in which only four out of ten males and women Saudis are engaged, compared to six in every ten as the average in the world. This study aims to examine the link between women teachers in Saudi Arabia’s public schools and their job. To make them love their jobs and enjoy being teachers rather than just accept it as it is their destiny. Examining the level of psychological capital, leaders will know how to trigger the teachers’ work engagement. The purpose of this study is to examine the factors influencing work engagement of women teachers in Saudi Arabia public schools. This study also investigates the moderating effect of person-organisation fit. The scope of this research was to evaluate work engagement among women teachers in Saudi Arabia’s public schools, specifically, Jeddah, Riyadh and Dammam. A total of five constructs were investigated after a review of literature on the field of work engagement and psychological capital, especially in the Middle East and Saudi Arabia. The Gain Spiral concept, The Broaden and Build theory and JD-R model, formed the basis of the conceptual framework of the proposed model of work engagement, psychological capital and leadership style. Based on the literature review, a conceptual model of work engagement, psychological capital and leadership style was proposed and a suitable research method was selected to test the hypothesized model. A quantitative approach used in this research for data collection. Primary data was collected by means of questionnaires distributed in Riyadh, Jeddah and Dammam, the three principle cities of Saudi Arabia. The unit of analysis in the present study was individual; the target population were Saudi women teachers in public schools. A total of 414 valid responses were finalized. The Partial Least Squares (PLS-SEM) approach was utilized to test the hypotheses. The results for the direct relationships between the independent variables psychological capital, leadership styles (transactional, transformational), and the dependent variable work engagement shows that all independent variables have positive influence on dependent variable work engagement. At the same time, it was found that the moderator variable person-organisation fit, has an effect on the relationship between psychological capital and work engagement. Furthermore, it has no effect on the relationship between leadership styles (transactional, transformational) and work engagement; aso this research recommended extensive investigation of other variables such as the organisational culture inside the schools. Finally, this study provides academic and practical implications for the Ministry of Education in Saudi Arabia to invest in improving and developing the performance of women teachers in Saudi Arabia.