

**UNIVERSITI TEKNOLOGI MARA**

**THE USE OF THE SELF-MONITORING TECHNIQUE  
IN WRITING AMONG POLYTECHNIC STUDENTS**

**MAXWELL MARCH JOSEPH**

**Dissertation submitted in partial fulfilment of the requirements  
for the degree of Master of Education  
in Teaching of English as a Second Language (TESL)**

**Faculty of Education**

**March 2012**

## **Abstract**

This study aims to investigate the effectiveness of the self-monitoring technique in writing among students. Diploma students (N=100) from the Mechanical Engineering Department, Kuching Polytechnic Sarawak were selected for this study. The experimental design was deployed for this study whereby students were divided into the treatment group (Group 1) and the controlled group (Group 2). Descriptive statistics, t-test and AVONA were used to tabulate the data obtained from the study. A questionnaire survey was also carried out to elicit students' responses toward the self-monitoring technique. The survey revealed that majority of students (78%) had positive attitude towards the self-monitoring technique. The data analysis showed that there was a moderate significant of difference between the scores obtained by Group 1 and Group 2 on the effectiveness of the self-monitoring writing technique.

## Abstrak

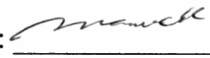
Kajian ini bertujuan untuk menyiasat keberkesanan teknik penulisan *self-monitoring* di kalangan para pelajar. Pelajar diploma (N=100) dari Jabatan Kejuruteraan Mekanikal, Politeknik Kuching Sarawak telah dipilih untuk kajian ini. Kaedah *experimental* telah digunakan untuk menjalankan kajian ini dimana pelajar telah dibahagikan kepada dua kumpulan iaitu Kumpulan 1 (*treatment group*) dan Kumpulan 2 (*controlled group*). Kaedah statistik yang telah digunakan untuk analisis data adalah berbentuk diskriptif, t-test dan ANOVA. Kaedah soal-selidik juga telah dijalankan untuk mendapatkan pendapat para pelajar terhadap teknik penulisan *self-monitoring*. Dapatan soal-selidik telah menunjukkan majoriti pelajar (78%) mempunyai sikap yang positif terhadap teknik penulisan *self-monitoring*. Dapatan analisis kajian telah menunjukkan terdapat perbezaan yang sederhana di dalam perolehan markah di antara Kumpulan 1 dan Kumpulan 2 terhadap keberkesanan teknik penulisan *self-monitoring*.

## Declaration

I declare that the work in this thesis was carried out in accordance with the regulations of Universiti Teknologi MARA. It is original and is the result of my own work, unless otherwise indicated or acknowledged as referenced work. This topic has not been submitted to any other academic institution or non-academic institution for any other degree or qualification.

In the event that my thesis be found to violate the conditions mentioned above, I voluntarily waive the right of conferment of my degree and agree to be subjected to the disciplinary rules and regulations of Universiti Teknologi MARA.

Name of Candidate	: Maxwell March Joseph
Candidate's ID No	: 2007412916
Programme	: ED 720 Master in Education (TESL)
Faculty	: Education
Thesis Title	: The Use of the Self-Monitoring Technique in Writing among Polytechnic Students

Signature of Candidate	: 
Date	: MARCH 2012

## **Acknowledgements**

I would like to acknowledge God Almighty for his love, mercy and kindness.

I would like to express my gratitude to my supervisor, Prof. Mahya Dr. Simon Botley for his patience and dedication in guiding me towards the completion of this dissertation. I will never forget your true dedication as an educator to your students.

I would like to thank all my classmates (Cohort 3) for giving each other moral support throughout the duration of our study especially to Mr. Diog and Mr. Gepat. I would also like to thank Ms Siti Huzaimah Sahari and all the support staff at Graduate Studies, UiTM Sarawak for your technical support.

I would like to thank my dear wife Andria Linkee Ak Jurin, my parents and parents-in-law for all your moral support. To my children Myra and Matheus: ALWAYS DREAM OF SUCCESS.

**“WINNERS NEVER QUIT”**