

THE BURNOUT LEVEL AMONG FACULTY OF EDUCATION

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**AN ACADEMIC EXERCISE SUBMITTED IN PARTIAL FULFILLMENT OF
THE REQUIREMENT FOR THE DEGREE OF BACHELOR OF
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FACULTY OF EDUCATION

UNIVERSITI TEKNOLOGI MARA

SHAH ALAM

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LATIHAN ILMIAH INI TELAH DIKEMUKAKAN UNTUK MEMENUHI
SEBAHAGIAN DARIPADA SYARAT UNTUK MEMPEROLEH IJAZAH
SARJANA MUDA PENDIDIKAN DALAM PENDIDIKAN JASMANI DAN
KESIHATAN DENGAN KEPUJIAN

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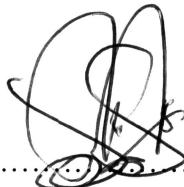
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TARIKH

DECLARATION

“I hereby declare that the work of this exercise is mine except for the quotations and summaries that have been acknowledged”

22.7.2014



DATE

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PENGAKUAN

“Saya akui karya ini adalah hasil karya saya sendiri kecuali nukilan dan ringkasan yang setiap satunya telah saya nyatakan sumbernya”

22.7.2014



TARIKH

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“In the name of God, the Most Gracious and Most Merciful”

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Prepared by,

NOR FAZANNE BINTI MUHAMMAD ISMAIL

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ABSTRAK

Kajian ini dilakukan untuk mengenalpasti tahap ‘burnout’ di kalangan pelajar semester 5 Fakulti Pendidikan UiTM Shah Alam Kampus Seksyen 17. Kajian ini melibatkan analisis 26 item soal selidik yang di jawab oleh 45 orang pelajar semester 5 daripada tiga kumpulan yang berbeza dalam Fakulti Pendidikan Kampus Seksyen 17, Shah Alam, Selangor. Tiga kumpulan tersebut adalah ED226 Pendidikan Jasmani dan Kesihatan, ED229 Pendidikan Matematik dan ED230 Pendidikan Kimia. Penyelidikan ini akan menentukan tahap ‘burnout’ di kalangan 45 pelajar berdasarkan jantina (lelaki dan perempuan). Kajian ini juga membandingkan tahap ‘burnout’ pelajar terhadap program yang diambil oleh 45 orang pelajar tersebut. Seterusnya, kajian ini turut mengkaji tahap ‘burnout’ terhadap jumlah tahun pembelajaran yang bermula setelah Sijil Pelajaran Malaysia. Semua data kuantitatif dianalisis menggunakan perisian SPSS. Hasil kajian menunjukkan hubungan yang negatif antara tahap “emotional exhaustion” dan “reduce personal accomplishment” serta hubungan positif antara tahap “ depersonalization” pelajar dan keputusan purata markah keseluruhan CGPA.