



**Faculty of Administrative Science & Policy Studies**

**Universiti Teknologi MARA**

**The Factors That Influence People to Join Martial Arts: A Case Study Among The  
Martial Arts Practitioners at Persatuan Seni Silat Cekak Pusaka Ustaz Hanafi**

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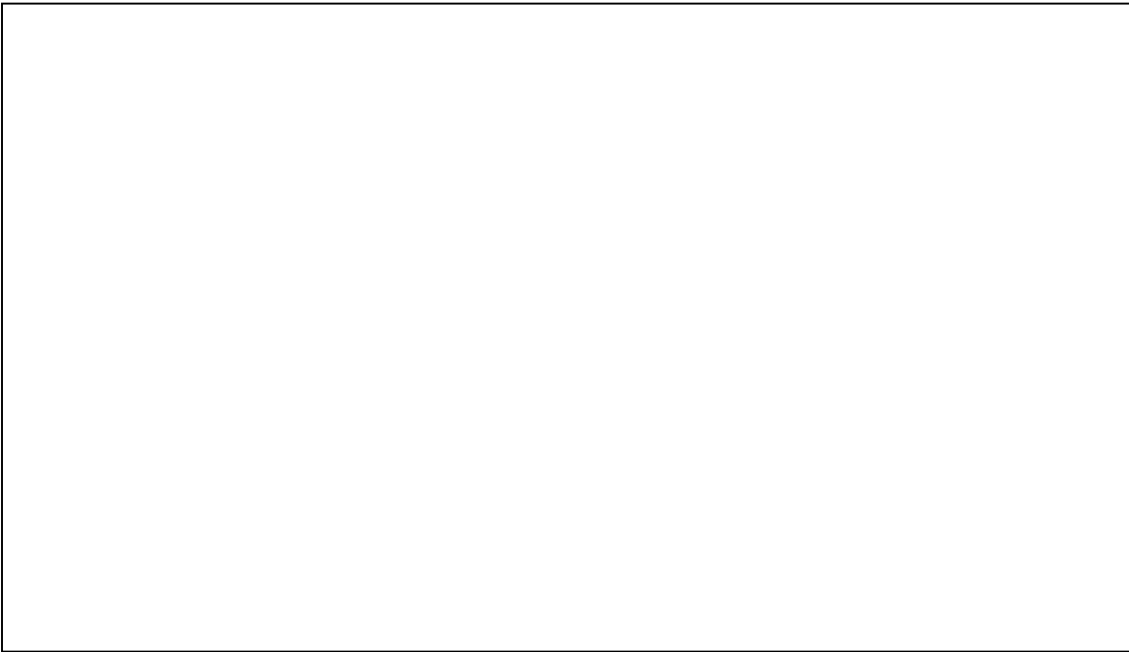
**MADAM NASYRAH BINTI AHMAD**

**SEMESTER MARCH 2013 – JANUARY 2014**

Supervisor's Comments

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Moderator's Comments

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**CLEARANCE FOR SUBMISSION OF THE RESEARCH PROPOSAL BY THE  
SUPERVISOR**

Madam Nasyrah binti Ahmad

I have reviewed the final and complete research proposal and approve the submission of this report for evaluation.

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(Signature)

Date:

## **Acknowledgement**

We are grateful to God with His blessings and His grace, can we do this of course work successfully. We were able to finish this long journey thanks to many people. First and foremost, we would like to thank our advisor Madam Nasyrah binti Ahmad, because her willingness to guide and teach the rest of us struggles to complete this research. She gave all of the encouraging words, advice, and guidance to increase our morale when we were down. She had helped us in many things from initial process which is choosing a Research topic until the end. Without the help and guidance from her, we would not be able to complete this task in a given time period. Without knowledge, a poor man like a sail in the middle of the vast ocean, without proper guidance will surely misguided.

Not forgetting thousand of thanks to our friends as much help and support in completing this task. Not forgetting also, heartfelt appreciation for our family has helped to provide financial resources and moral support throughout this work. Without encouragement from family, we certainly are not here.

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Thank you.

## **Abstract**

Martial arts are one form of defensive technique. Martial arts have become one of the most popular physical activities amongst children and youth worldwide. Martial arts also can give benefit to the people who joining it with good psychology, health and psycho-social. But there are several scholars and studies that oppose martial arts will increase the level of aggressiveness and violence among the practitioners. This study will examine the factors that influence people to join martial arts. What is the most influencing factor that attracts people to join martial arts.