UNIVERSITI TEKNOLOGI MARA
FACULTY OF ADMINISTRATIVE SCIENCE AND POLICY STUDIES

“A STUDY ON THE FACTORS THAT LEAD TO JOB STRESS AMONG NURSES AT MALACCA GENERAL HOSPITAL”

NAME OF STUDENTS
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NAME OF SUPERVISOR
MR SUHAIMI BIN ABD SAMAD

SEMESTER 6
SEPT 2013-JAN 2014
LETTER OF TRANSMITTAL

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Mr Suhaimi Bin Abd Samad
Lecturer of Applied Research Project
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Dear Mr Suhaimi,
Submission of Research Report regarding of subject matter, I hereby submit my research report entitled “A Study on the Factors That Lead to Job Stress among Nurses at Malacca General Hospital” as requirement for the completion of Applied Research Project (ADS555) subject for your kind perusal and retention.

Thank you.

Yours sincerely,

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Ariff Hanafi Bin Omar
2010390559
Bachelor of Administrative Science (Hons.)

Yours sincerely,

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Mohammad Noor Izwan Bin Hussin
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ABSTRACT

Stress is an emotional feeling that and body reaction that totally change people’s mood and behavior toward his/her surrounding. Stress can be good or bad. Every person in the whole world cannot run from feeling stress in certain situation. Stress generally can be felt not only during work or in working environment, but also be felt in relationship, in financial institution, and others. Stress could be beneficial if one could handle it positively because it might motivate the person to overcome his/her problem. Plus, in fact everyone needs stress in their lives because without stress the life of a person would be gloomy and uninteresting.