



**FACTORS THAT CAUSE SECOND LANGUAGE ANXIETY IN  
SPEAKING AMONG FORM FOUR STUDENTS AND WAYS TO  
REDUCE THEM**

**SYAZZA 'ATRAH BINTI ABU BAKAR  
2007297756**

**FACULTY OF EDUCATION  
UNIVERSITI TEKNOLOGI MARA  
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**AN ACADEMIC EXERCISE SUBMITTED IN PARTIAL  
FULFILLMENT FOR THE DEGREE OF BACHELOR OF  
EDUCATION (HONOURS) IN THE TEACHING OF  
ENGLISH AS A SECOND LANGUAGE (TESL)**

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**LATIHAN ILMIAH INI TELAH DIKEMUKAKAN UNTUK MEMENUHI  
SEBAHAGIAN DARIPADA SYARAT UNTUK MEMPEROLEH IJAZAH  
SARJANA MUDA PENDIDIKAN DALAM PENGAJARAN BAHASA INGGERIS  
SEBAGAI BAHASA KEDUA (TESL) DENGAN KEPUJIAN**

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**INDRANI  
(PENYELIA)**

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**TARIKH**

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**AIDA AZLINA BINTI HJ. MOHD. BEE  
(KOORDINATOR)**

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**TARIKH**

## **DECLARATION**

**“I hereby declare that the work of this exercise is mine except for the quotations and summaries that have been duly acknowledged.”**

**DATE:**

**NAME: SYAZZA ‘ATRAH BINTI  
ABU BAKAR  
STUDENT ID: 2007297756**

## **PENGAKUAN**

**“Saya akui karya ini adalah hasil karya saya sendiri kecuali nukilan dan ringkasan yang setiap satunya telah saya nyatakan sumbernya.”**

**TARIKH:**

**NAMA: SYAZZA ‘ATRAH BINTI  
ABU BAKAR  
NO PELAJAR: 2007297756**

## **ABSTRACT**

This research was conducted to analyze the causes of anxiety of Form Four students of SMK Bandar Baru Uda, Johor Bahru. A total of 30 students and 10 teachers were involved as respondents of the research. Students' language anxiety was measured using a previous research done Tanveer (2008) questionnaire. The research findings showed that most of the students experienced a great deal of anxiety when they used the target language inside as well as outside of the classroom. From the two subscales of communication apprehension and fear of negative evaluation, it is known that the causes of students' anxiety were among all derived from negative self perceptions, fear of peer, language teacher's as well as public's evaluations and the fear of making mistakes in using the language. It was also found that there are various ways suggested by students and teachers in controlling and reducing the second language anxiety among the ESL learners.