

UNIVERSITI TEKNOLOGI MARA

**THE USE OF THE SELF-MONITORING TECHNIQUE
IN WRITING AMONG POLYTECHNIC STUDENTS**

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**Dissertation submitted in partial fulfilment of the requirements
for the degree of Master of Education
in Teaching of English as a Second Language (TESL)**

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Abstract

This study aims to investigate the effectiveness of the self-monitoring technique in writing among students. Diploma students (N=100) from the Mechanical Engineering Department, Kuching Polytechnic Sarawak were selected for this study. The experimental design was deployed for this study whereby students were divided into the treatment group (Group 1) and the controlled group (Group 2). Descriptive statistics, t-test and ANOVA were used to tabulate the data obtained from the study. A questionnaire survey was also carried out to elicit students' responses toward the self-monitoring technique. The survey revealed that majority of students (78%) had positive attitude towards the self-monitoring technique. The data analysis showed that there was a moderate significant of difference between the scores obtained by Group 1 and Group 2 on the effectiveness of the self-monitoring writing technique.

Abstrak

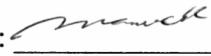
Kajian ini bertujuan untuk menyiasat keberkesanan teknik penulisan *self-monitoring* di kalangan para pelajar. Pelajar diploma (N=100) dari Jabatan Kejuruteraan Mekanikal, Politeknik Kuching Sarawak telah dipilih untuk kajian ini. Kaedah *experimental* telah digunakan untuk menjalankan kajian ini dimana pelajar telah dibahagikan kepada dua kumpulan iaitu Kumpulan 1 (*treatment group*) dan Kumpulan 2 (*controlled group*). Kaedah statistik yang telah digunakan untuk analisis data adalah berbentuk diskriptif, t-test dan ANOVA. Kaedah soal-selidik juga telah dijalankan untuk mendapatkan pendapat para pelajar terhadap teknik penulisan *self-monitoring*. Dapatan soal-selidik telah menunjukkan majoriti pelajar (78%) mempunyai sikap yang positif terhadap teknik penulisan *self-monitoring*. Dapatan analisis kajian telah menunjukkan terdapat perbezaan yang sederhana di dalam perolehan markah di antara Kumpulan 1 dan Kumpulan 2 terhadap keberkesanan teknik penulisan *self-monitoring*.

Declaration

I declare that the work in this thesis was carried out in accordance with the regulations of Universiti Teknologi MARA. It is original and is the result of my own work, unless otherwise indicated or acknowledged as referenced work. This topic has not been submitted to any other academic institution or non-academic institution for any other degree or qualification.

In the event that my thesis be found to violate the conditions mentioned above, I voluntarily waive the right of conferment of my degree and agree to be subjected to the disciplinary rules and regulations of Universiti Teknologi MARA.

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“WINNERS NEVER QUIT”